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Squeezed light in GW detectors.

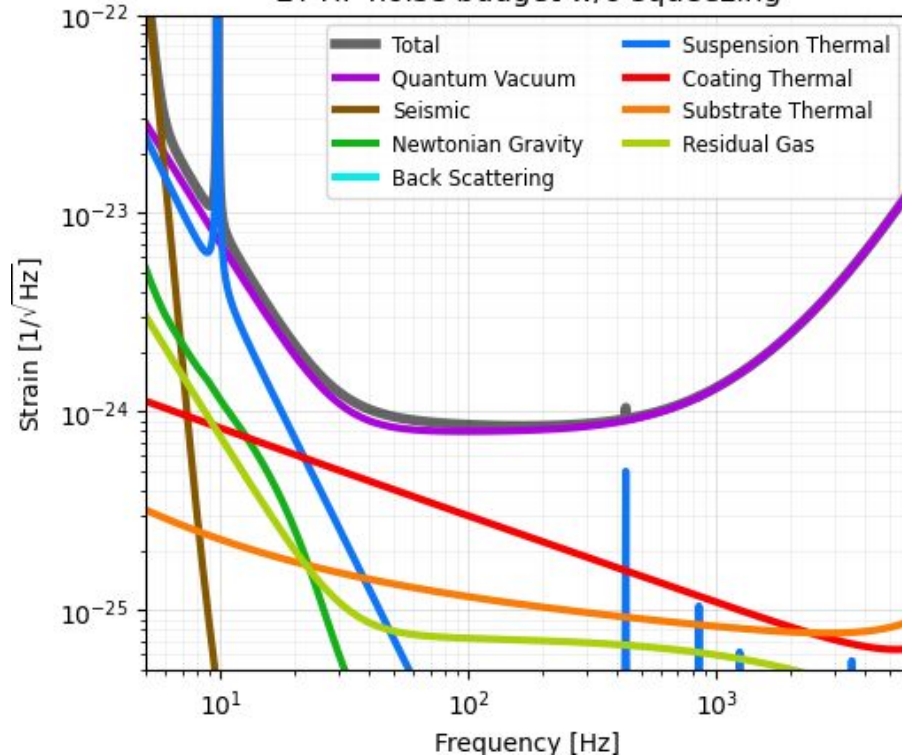
What is it and why we need it?

S. Danilishin

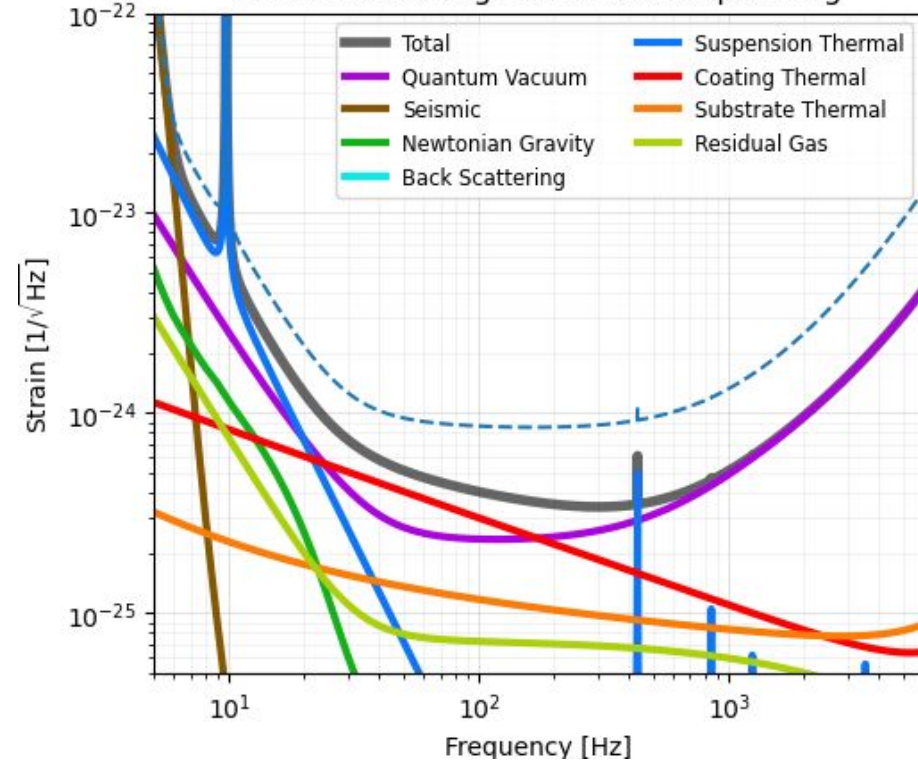
ETMOST Meeting, July 9, 2025

Why do we need squeezing in GW detectors?

ET-HF noise budget w/o squeezing

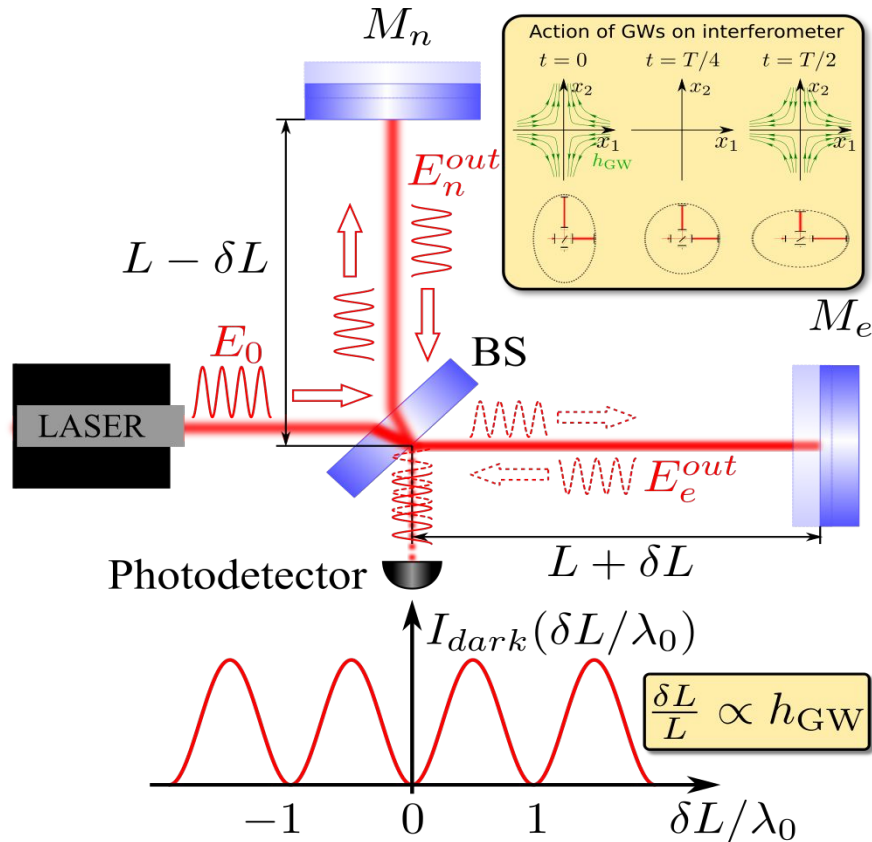


ET-HF noise budget with 18dB squeezing



Design sensitivity for ET (and other detectors) can only be achieved with squeezing injection

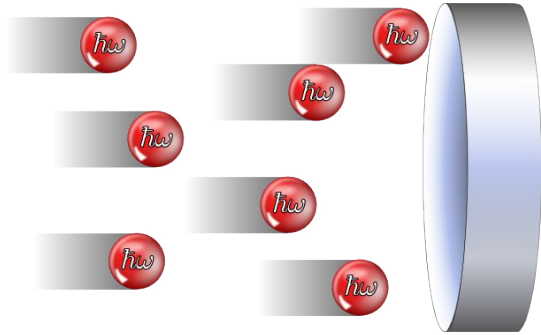
How do we measure GW with light?



GW interferometer is, essentially, a laser light **phase shift meter**!

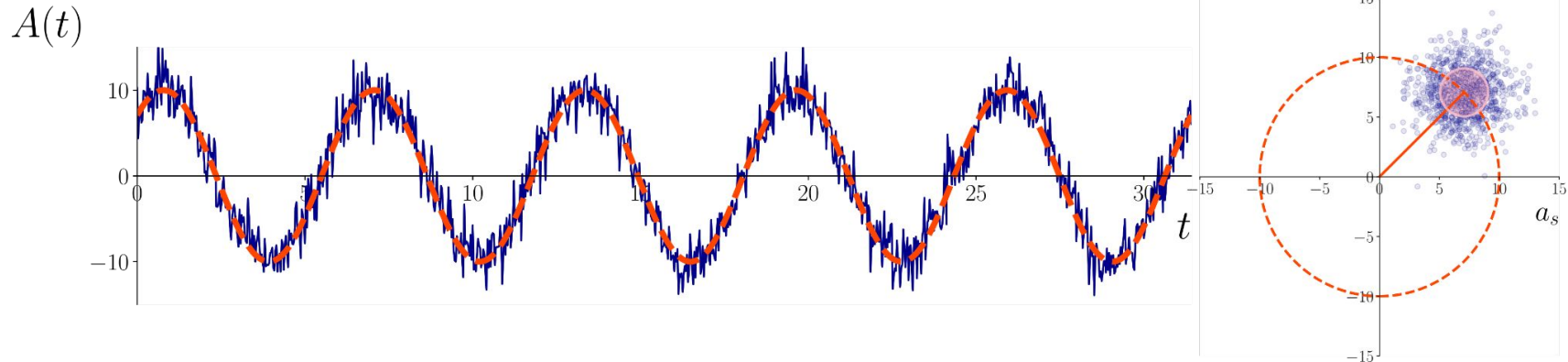
- ❖ Relative **displacement** of end test masses (ETMs) → **phase shift** between light waves reflected from the arms;
- ❖ **No GW signal** = destructive interference on photodetector → **no photocurrent**
- ❖ **GW signal** = Phase shift between arms → interference on photodetector → **photocurrent** ~ GW strain

But light is quantum and noisy!

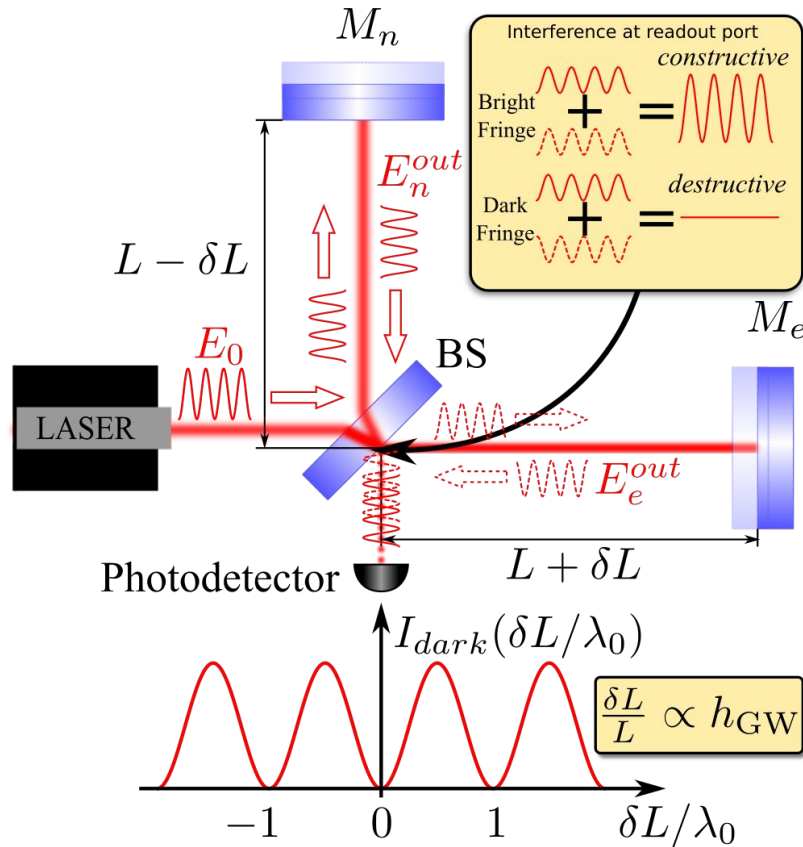


- ❖ Light is a flux of particles - **photons**
- ❖ Photons arrive at random time - **phase uncertainty**
- ❖ Number of photons at given time and place is random - **amplitude/power uncertainty**
- ❖ Amplitude and phase uncertainties linked by **Heisenberg relation**:

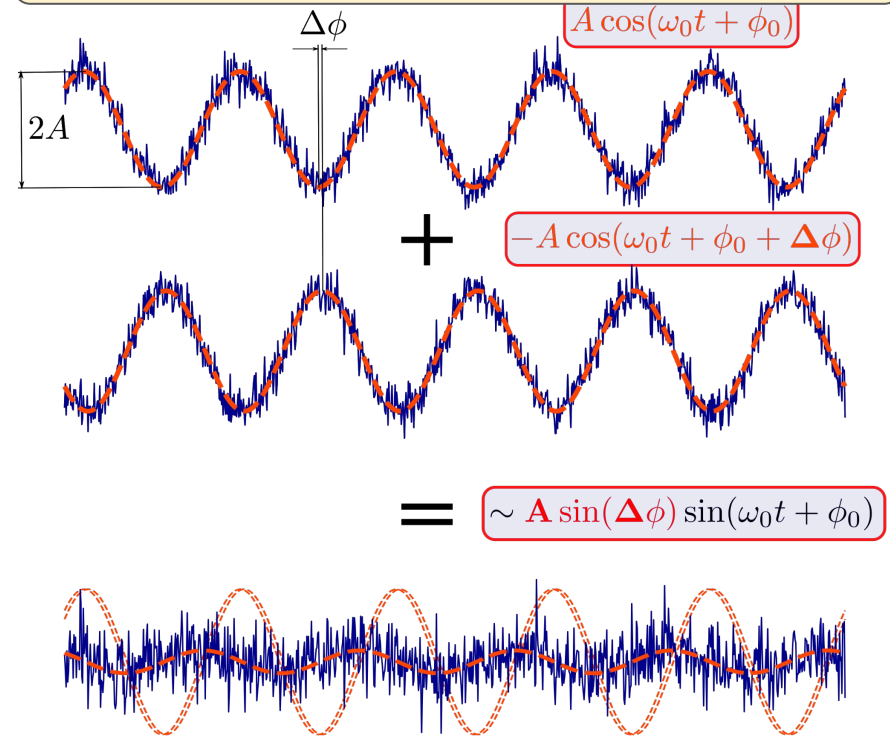
$$(\Delta \text{ Amplitude} \times \Delta \text{ Phase}) \geq \hbar$$



Why is that a problem for phase measurement?



GW sensitivity = how well can one discern two "fuzzy" shifted sinusoids

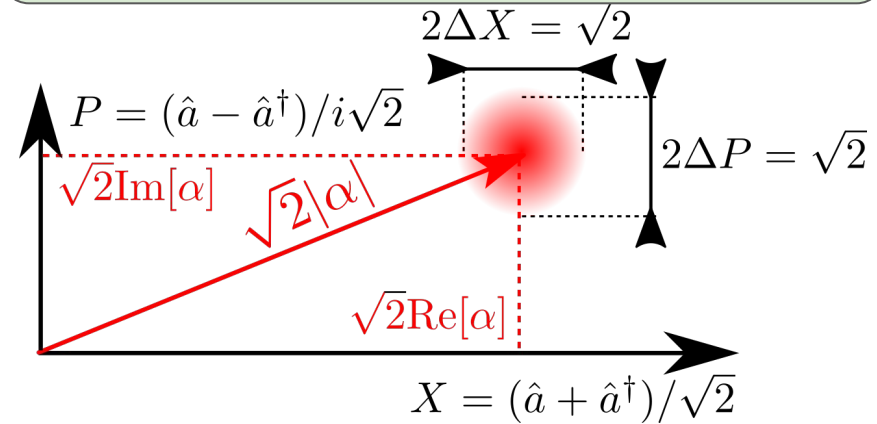


Quantum state of light as phasor diagram

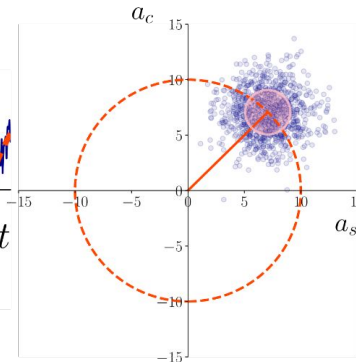
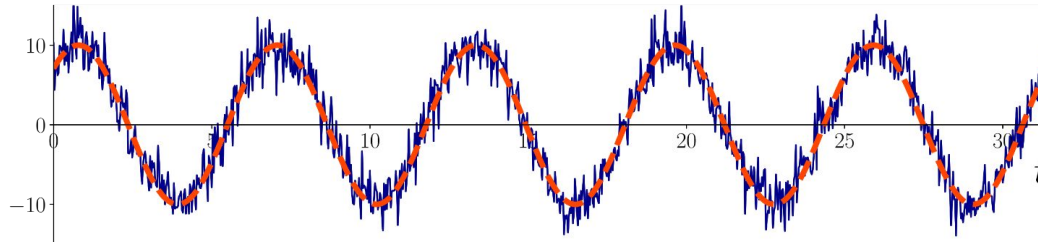
**Quantum state of light can be visualised on
“coordinate”-“momentum” diagram
(phasor diagram)**

- ❖ Arrow = classical light (mean value)
- ❖ Fuzzy blob = quantum fluctuations on top of classical mean
- ❖ Blob = 1σ -area of 2D-Gaussian distribution
- ❖ Size along the arrow = Amplitude uncertainty
- ❖ Size across the arrow = Phase uncertainty

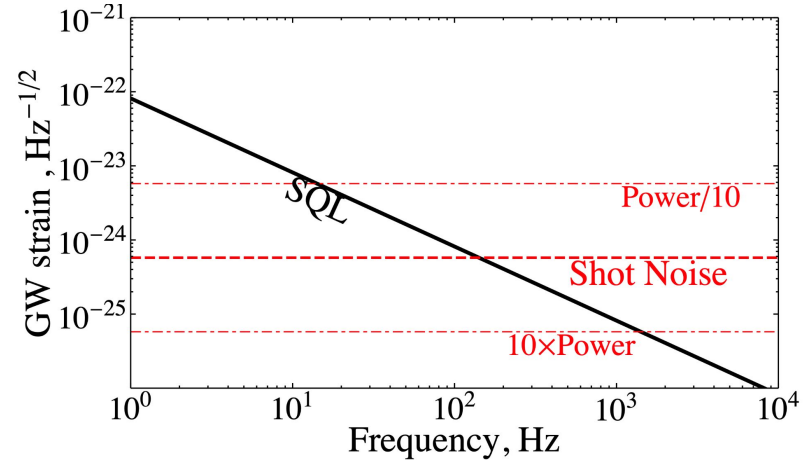
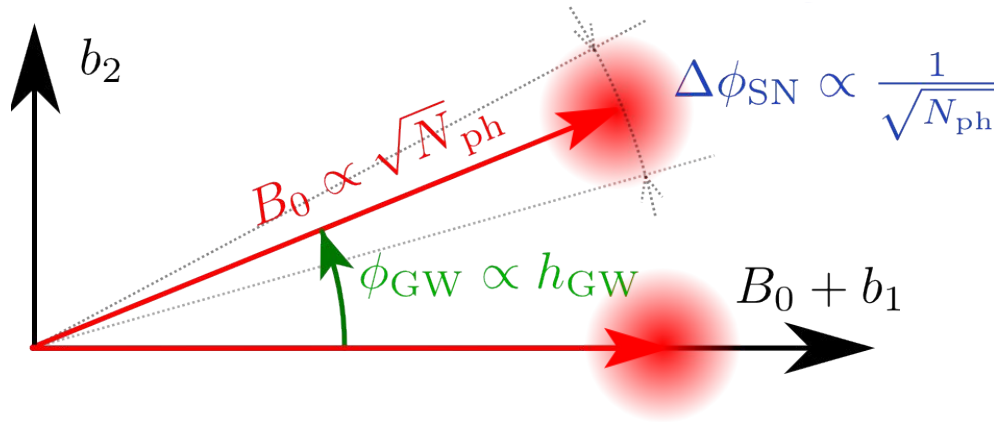
Quantum state of ideal laser light = *coherent state*



$A(t)$

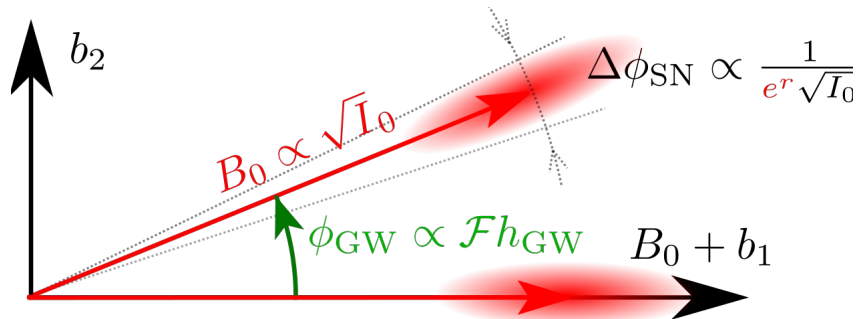
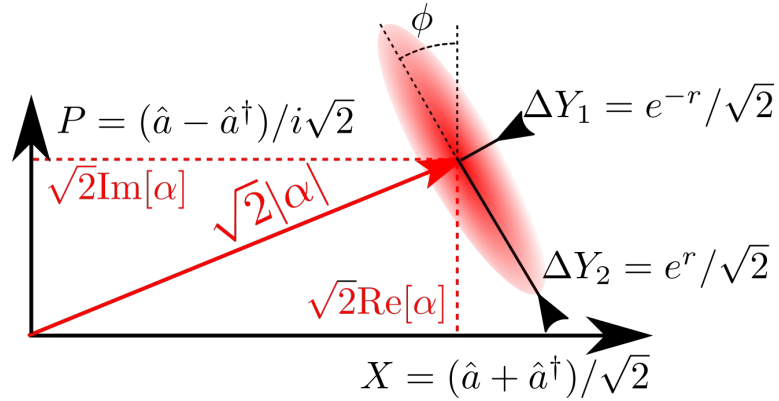


Quantum Shot Noise for coherent state



- ❖ Measuring phase = discerning angle of rotation of the “blob-on-the-stick”
- ❖ Minimum phase resolution = angular size of the “blob” = $1/(\text{classical amplitude}) = 1/(N_{ph})^{1/2}$
- ❖ This phase measurement uncertainty is the same at all frequencies and times and known as **Quantum Shot Noise (QSN) limit**

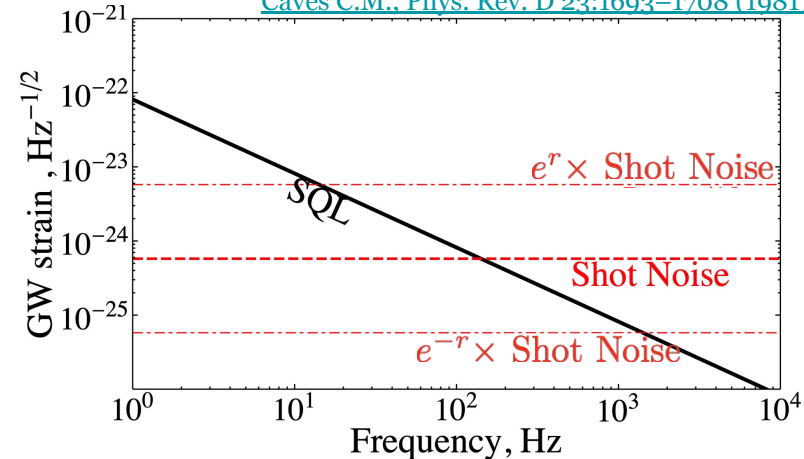
Can we do better than QSN limit?



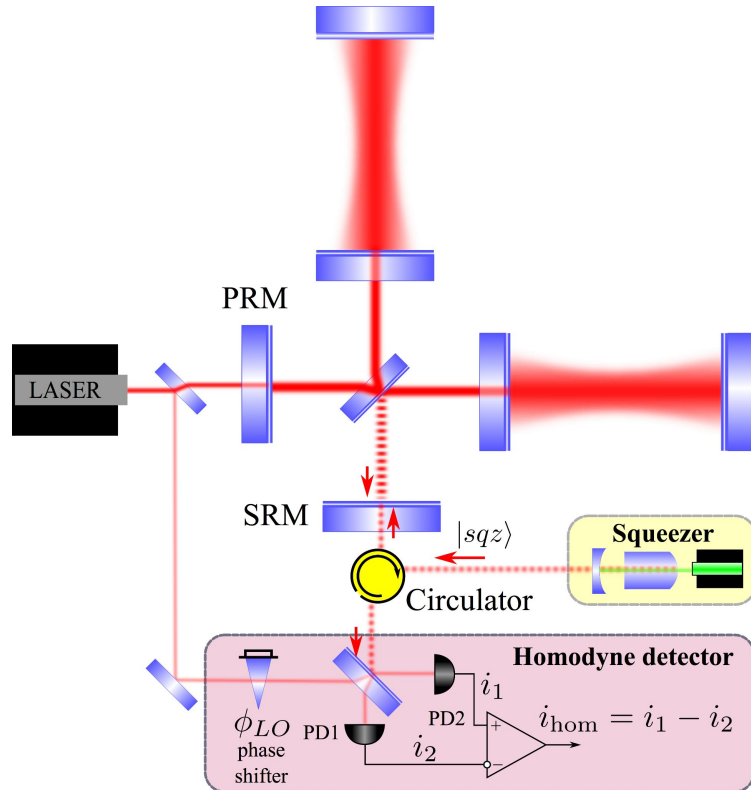
YES, we can!

- ❖ Inject **squeezed light** into the interferometer instead of coherent state
- ❖ Make sure that light is **squeezed in phase**
- ❖ Phase resolution is improved by e^{-r} times
- ❖ Squeezing is equivalent to higher power

[Unruh, W.G., Phys. Rev. D, 19, 2888–2896, \(1979\)](#)
[Caves C.M., Phys. Rev. D 23:1693–1708 \(1981\)](#)

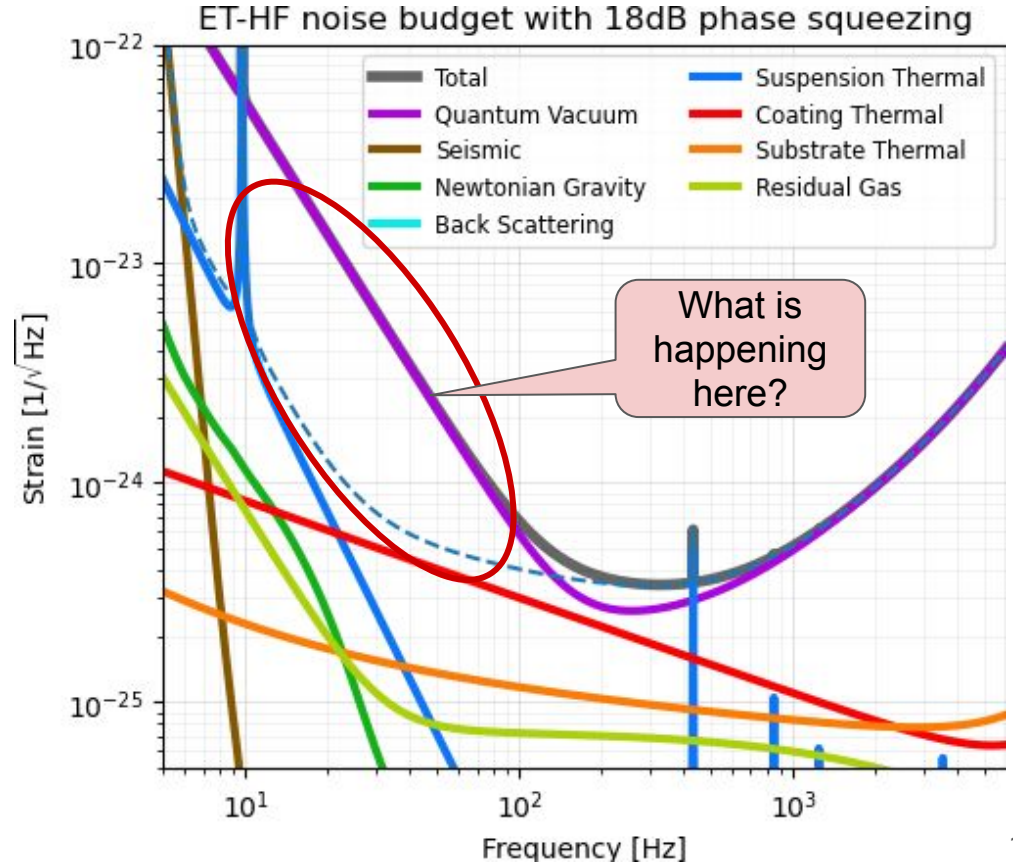
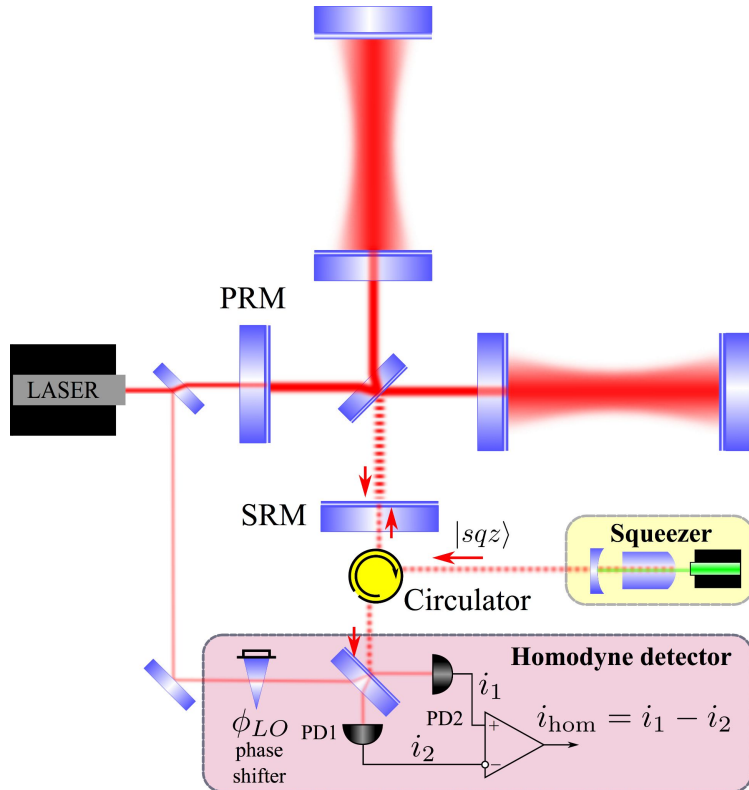


Phase squeezing in GW interferometer

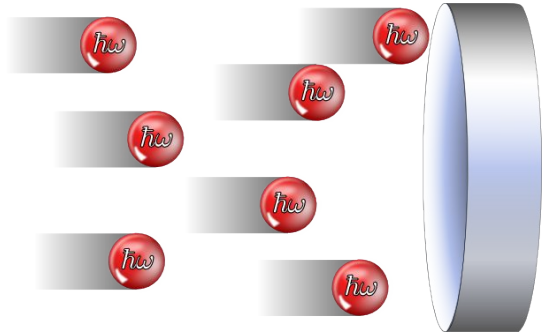


- ❖ In GW interferometers, squeezed light is **injected in the detection port**
- ❖ It is produced by device, which uses non-linear optical crystal (we'll talk about it later) to generate **squeezed vacuum**
- ❖ Phase **squeezed vacuum** enters the interferometer and improves its phase sensitivity by the factor of squeezing, e^{-r}
- ❖ But, there is a catch ...

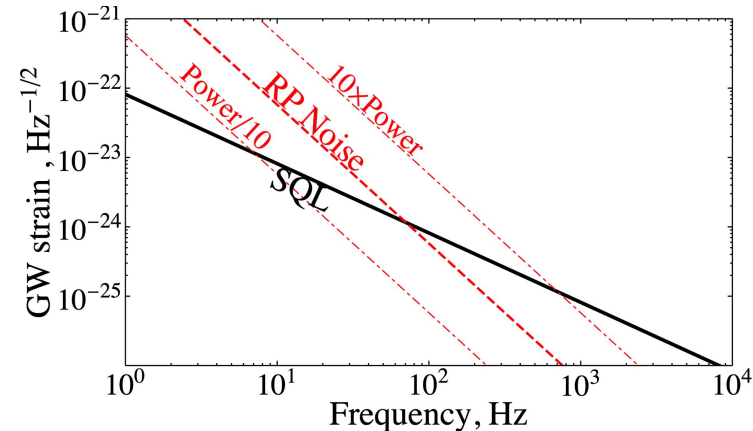
Phase squeezing in GW interferometer



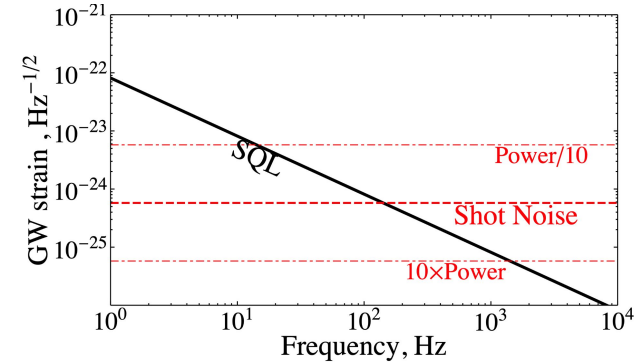
Quantum radiation-pressure noise



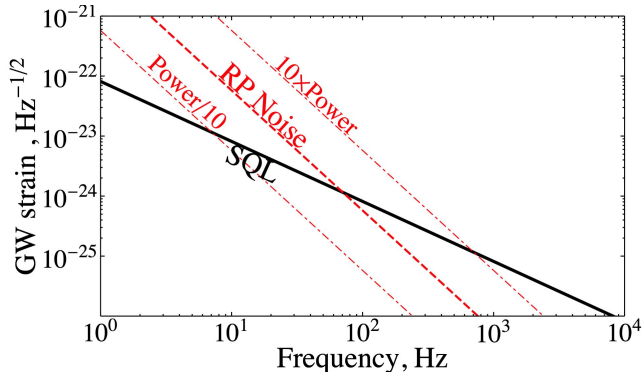
- ❖ Photon transfers momentum, $2\hbar k$, to the mirror, when reflected → **radiation-pressure force** on the mirror
- ❖ Random numbers of photons get reflected at each moment → fluctuations of radiation-pressure force → **Quantum Radiation-Pressure Noise (QRPN)**
- ❖ QRPN makes mirror move randomly → random phase shifts → **extra phase uncertainty**
- ❖ QRPN grows with incident power → more photons = more kicks = more QRPN
- ❖ QRPN depends strongly on frequency $\sim 1/(\text{Frequency})^2$ → rises sharply and **dominates at low frequencies**, where inertia of the mirror's mass is lower



Standard Quantum Limit

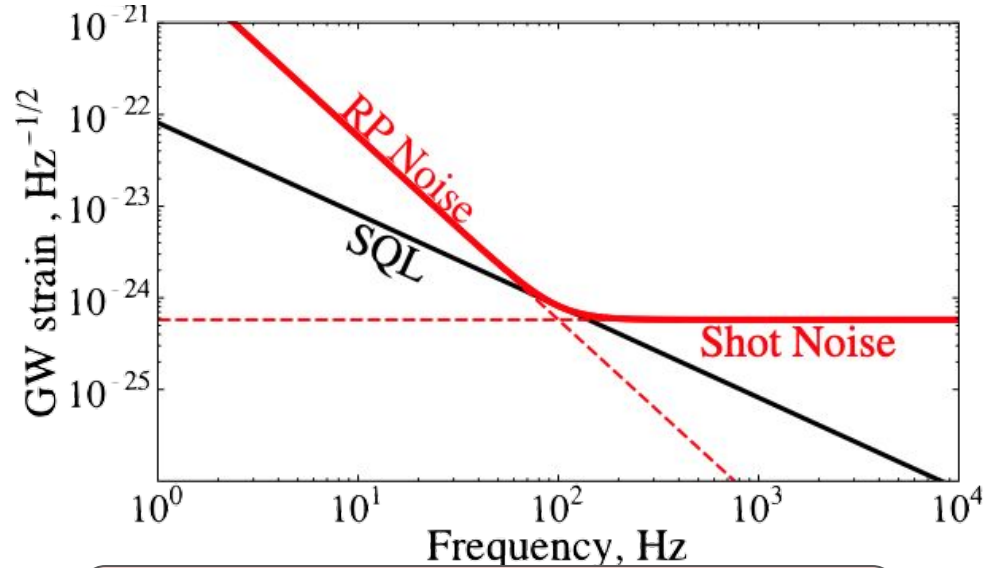


+



$$QN = QSN + QRPN = \frac{a}{\text{Power}} + b \times \text{Power}$$

=



$$\min[QN] \xrightarrow{\text{Power} \rightarrow \sqrt{a/b}} 2\sqrt{ab} = \text{SQL}$$

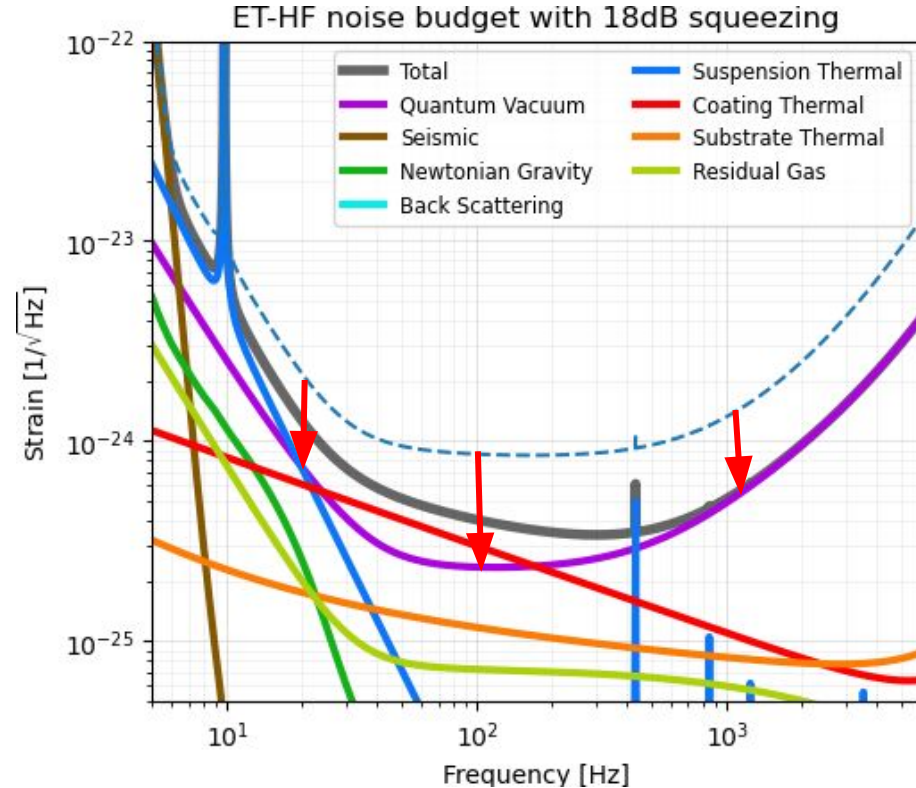
- ❖ GW interferometers are, essentially, measuring **phase shift of light**
- ❖ Light is quantum and thus has **quantum uncertainties of phase and amplitude**
- ❖ These two give rise to **QSN** (phase) and **QRPN** (amp) components of quantum noise, which both **contribute to uncertainty of phase** we try to measure
- ❖ **QSN** can be **reduced** either by **increase** of light **power**, or by **injecting phase-squeezed light**
- ❖ **QRPN** can be **reduced** either by **decrease** of light **power**, or by **injecting amplitude-squeezed light**
- ❖ One can **reduce either QSN or QRPN**, but not both → **Standard Quantum Limit**

Is there a way around SQL?

Well, obviously YES!

Otherwise how would one get the ETHF sensitivity like this →

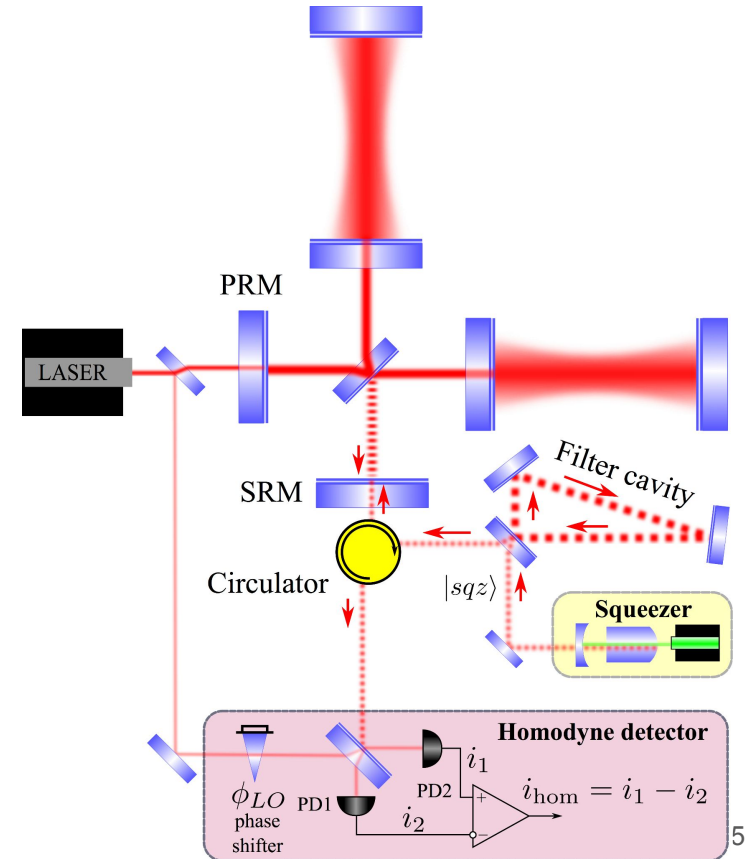
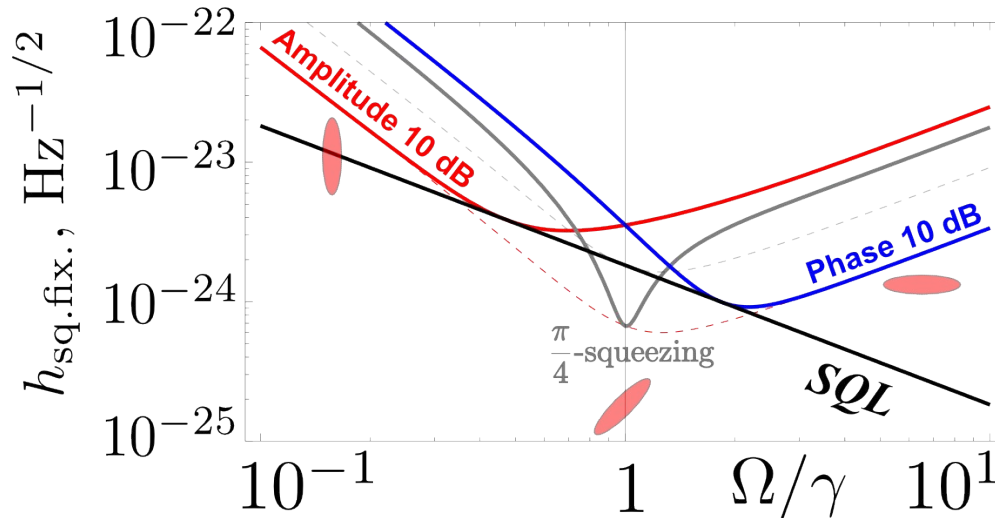
Technique is known as
Frequency-Dependent Squeezing (FDS)



Frequency-Dependent Squeezing

The idea of **Frequency-Dependent Squeezing (FDS)**:

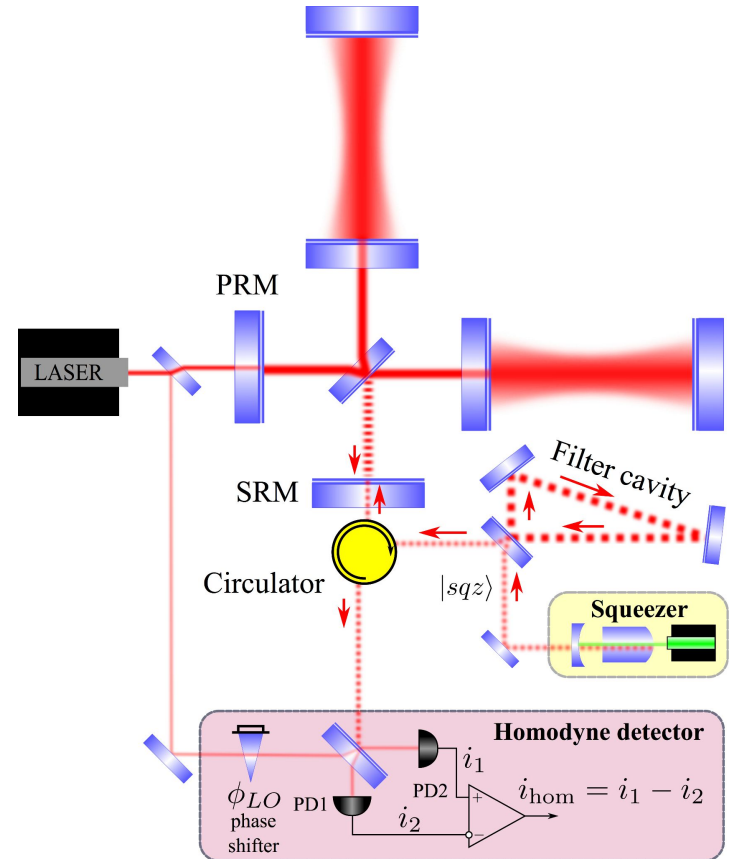
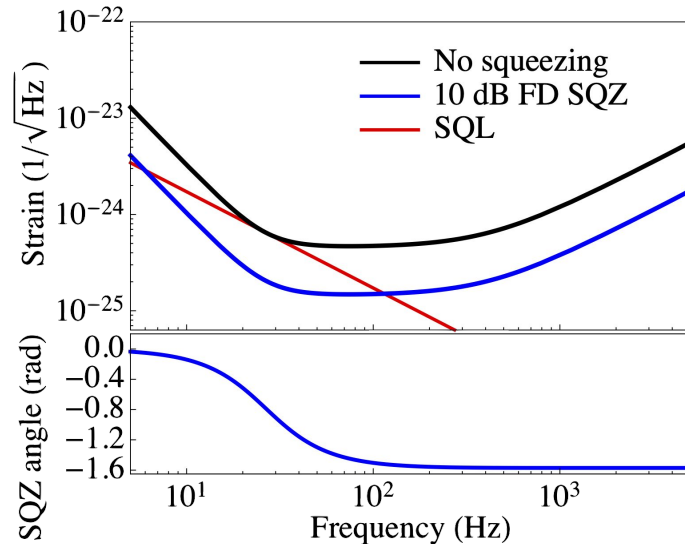
- ❖ Inject phase-squeezed light only where QSN dominates (high frequencies)
- ❖ Inject amplitude-squeezed light where QRPN dominates (low frequencies)
- ❖ Use optical cavity to rotate squeezing ellipse in frequency-dependent way



Frequency-Dependent Squeezing

The idea of **Frequency-Dependent Squeezing (FDS)**:

- ❖ Inject phase-squeezed light only where QSN dominates (high frequencies)
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- ❖ Use optical cavity to rotate squeezing ellipse in frequency-dependent way

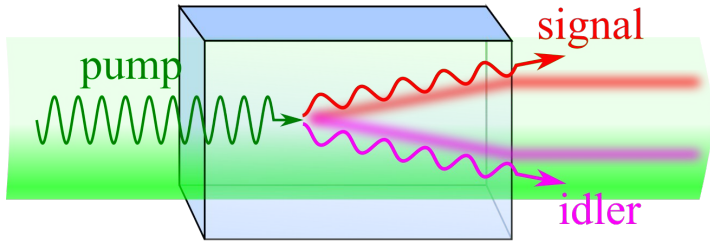


But how does one squeeze light?

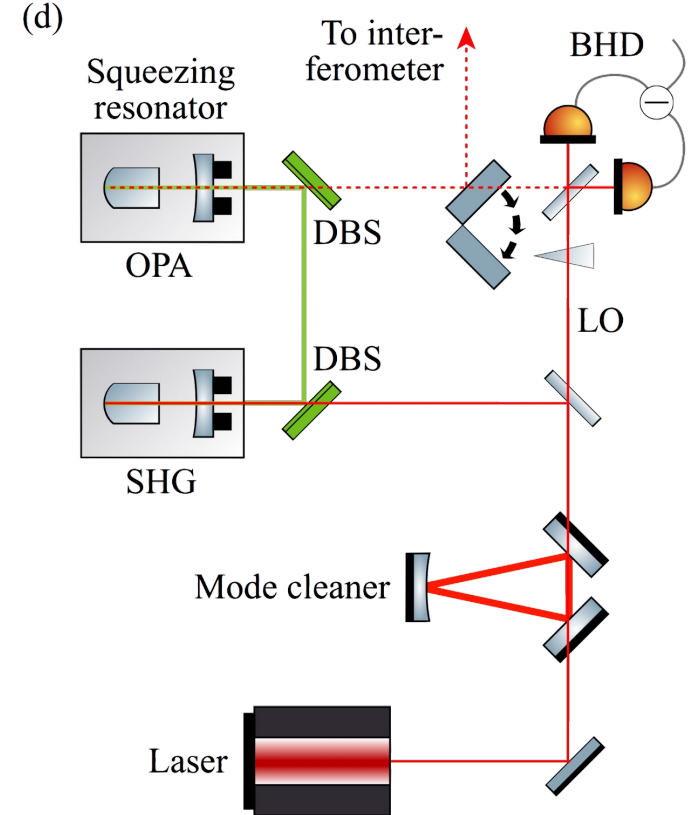
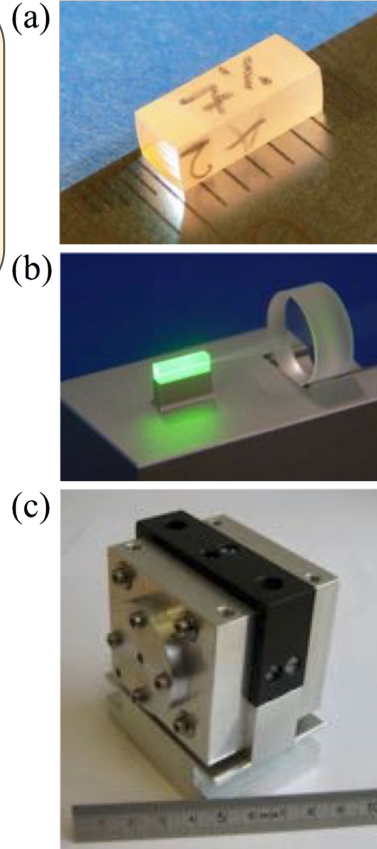
Squeezing is the result of light interaction with **optical (Kerr) non-linearity**

Resulting in the process known as **Parametric Down-Conversion (PDC)**

$$P_{nl} = \epsilon_0 \chi^{(2)} E^2(t)$$



$$2\omega_p = \omega_s + \omega_i$$



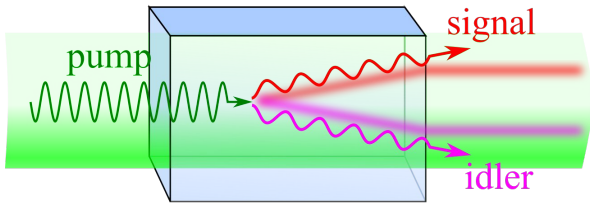
from R. Schnabel Phys. Rep. 684, 1 (2017) 17

Light traveling through medium induces polarisation (dipole moment per unit volume) which is nonlinear (NL) in electric field:

$$P(t) = \epsilon_0 [\chi^{(1)} E(t) + \chi^{(2)} E^2(t) + \chi^{(3)} E^3(t) + \dots]$$

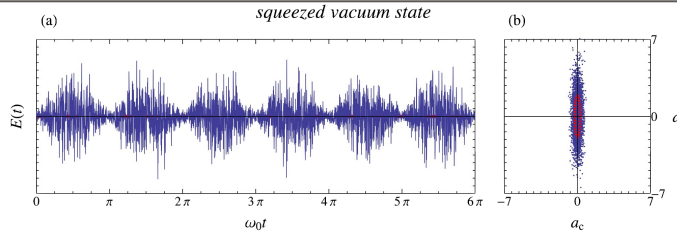
where $\chi^{(n)}$ is the n -order nonlinear susceptibility of the medium

$$P_{nl} = \epsilon_0 \chi^{(2)} E^2(t)$$

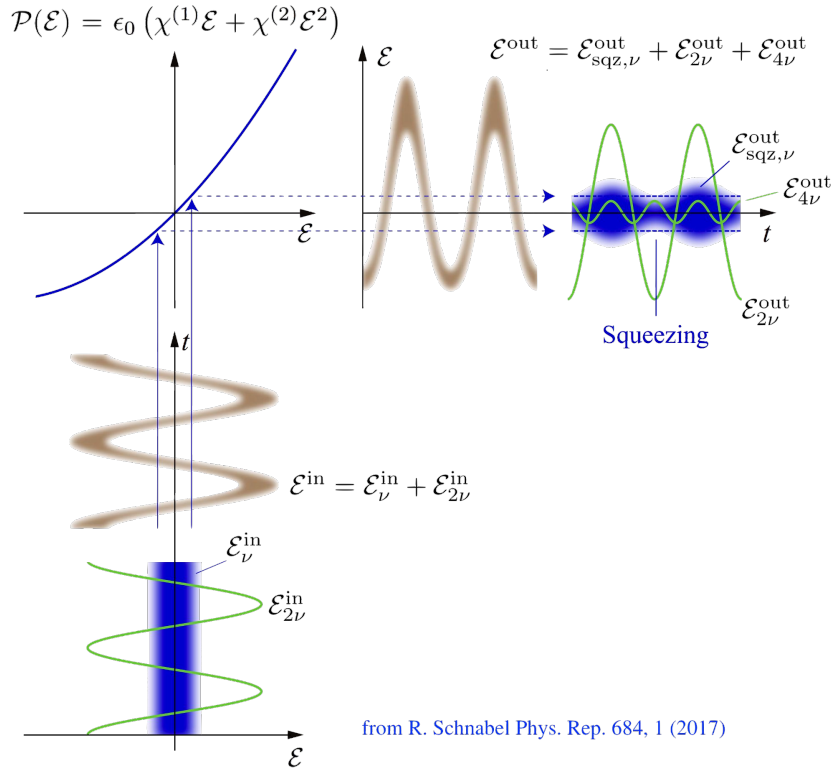


$$2\omega_p = \omega_s + \omega_i$$

- ❖ Strong **pump** at double frequency $2\omega_p$ produces correlated pairs of photons in **signal** and **idler** modes in PDC process (Quantum picture)
- ❖ Classically, pump field creates periodically (twice per wavelength) modulated refractive index, $n(z)$, for signal and idler fields, which parametrically amplify or deamplify them.



Squeezing as parametric amplification



- ❖ Consider weak classical signal mode:

$$\mathcal{E}_{\omega_0}^{\text{in}} = S \cos(\omega_0 t + \varphi_0)$$

and strong pump mode:

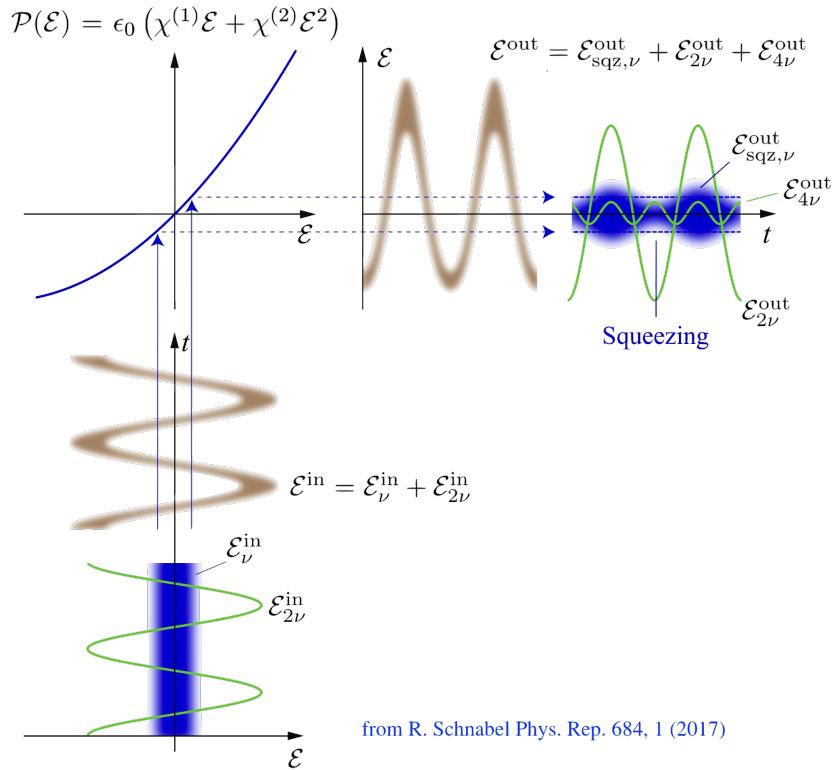
$$\mathcal{E}_{2\omega_0}^{\text{in}} = P \cos(2\omega_0 t)$$

- ❖ Linear polarisation $P_{\text{lin}}(\mathcal{E}_{\text{in}}) = \epsilon_0 \chi^{(1)} (\mathcal{E}_{\omega_0}^{\text{in}} + \mathcal{E}_{2\omega_0}^{\text{in}})$:

$$\epsilon_0 \chi^{(1)} (S \cos(\omega_0 t + \varphi_0) + P \cos(2\omega_0 t))$$
- ❖ Non-linear polarisation $P_{\text{nl}}(\mathcal{E}_{\text{in}}) = \epsilon_0 \chi^{(2)} (\mathcal{E}_{\omega_0}^{\text{in}} + \mathcal{E}_{2\omega_0}^{\text{in}})^2$

$$\epsilon_0 \chi^{(2)} \left\{ \frac{1}{2} S^2 [1 + \cos(2\omega_0 t + 2\varphi)] + \frac{1}{2} P^2 [1 + \cos 4\omega_0 t] - PS [\cos(\omega_0 t - \varphi) + \cos(3\omega_0 t + \varphi)] \right\}$$

Squeezing as parametric amplification



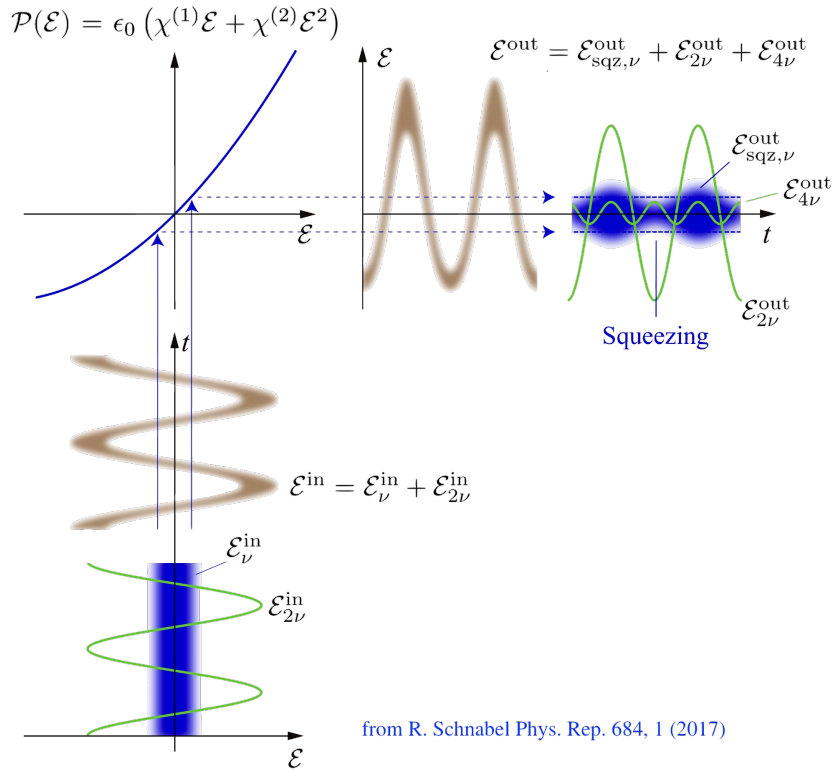
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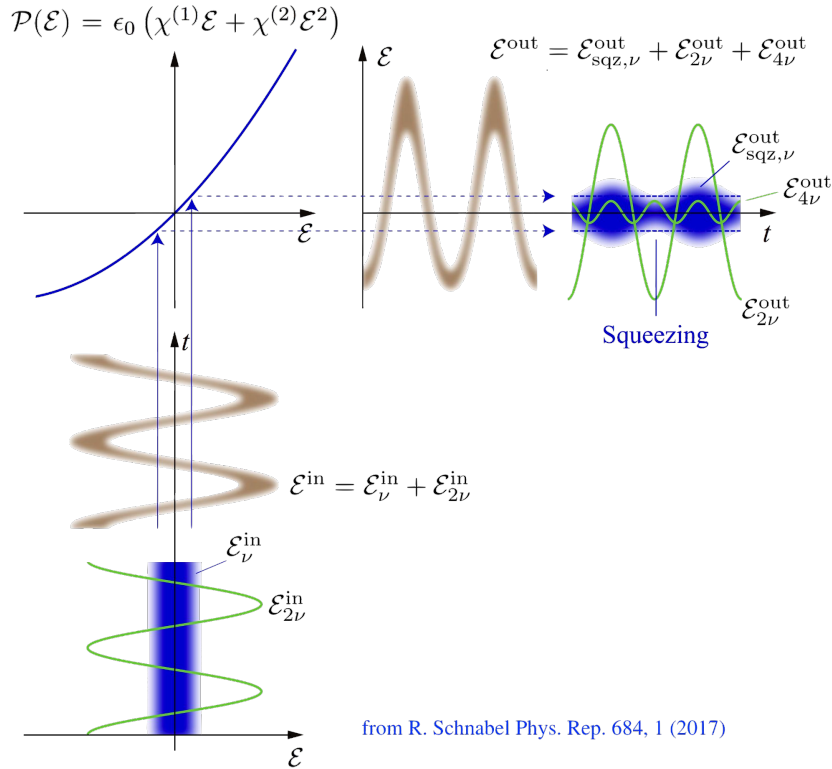
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 $\epsilon_0 \chi^{(1)} (S \cos(\omega_0 t + \varphi_0) + P \cos(2\omega_0 t))$

Squeezing as parametric amplification



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and strong pump mode:

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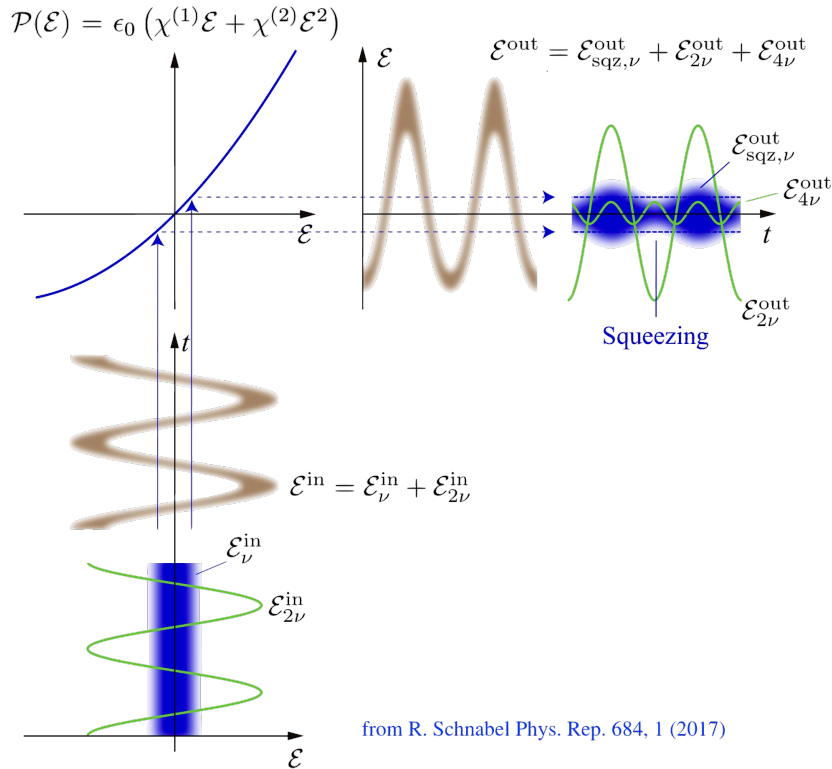
- ❖ Linear polarisation $P_{\text{lin}}(\mathcal{E}_{\text{in}}) = \epsilon_0 \chi^{(1)} (\mathcal{E}_{\omega_0}^{\text{in}} + \mathcal{E}_{2\omega_0}^{\text{in}})$:

$$\epsilon_0 \chi^{(1)} (S \cos(\omega_0 t + \varphi_0) + P \cos(2\omega_0 t))$$

- ❖ Non-linear polarisation $P_{\text{nl}}(\mathcal{E}_{\text{in}}) = \epsilon_0 \chi^{(2)} (\mathcal{E}_{\omega_0}^{\text{in}} + \mathcal{E}_{2\omega_0}^{\text{in}})^2$

$$\epsilon_0 \chi^{(2)} \left\{ \frac{1}{2} S^2 [1 + \cos(2\omega_0 t + 2\varphi_0)] + \frac{1}{2} P^2 [1 + \cos 4\omega_0 t] - PS [\cos(\omega_0 t - \varphi_0) + \cos(3\omega_0 t + \varphi_0)] \right\}$$

Squeezing as parametric amplification



from R. Schnabel Phys. Rep. 684, 1 (2017)

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$$\epsilon_0 \chi^{(1)} \left(S \cos(\omega_0 t + \varphi_0) + P \cos(2\omega_0 t) \right)$$

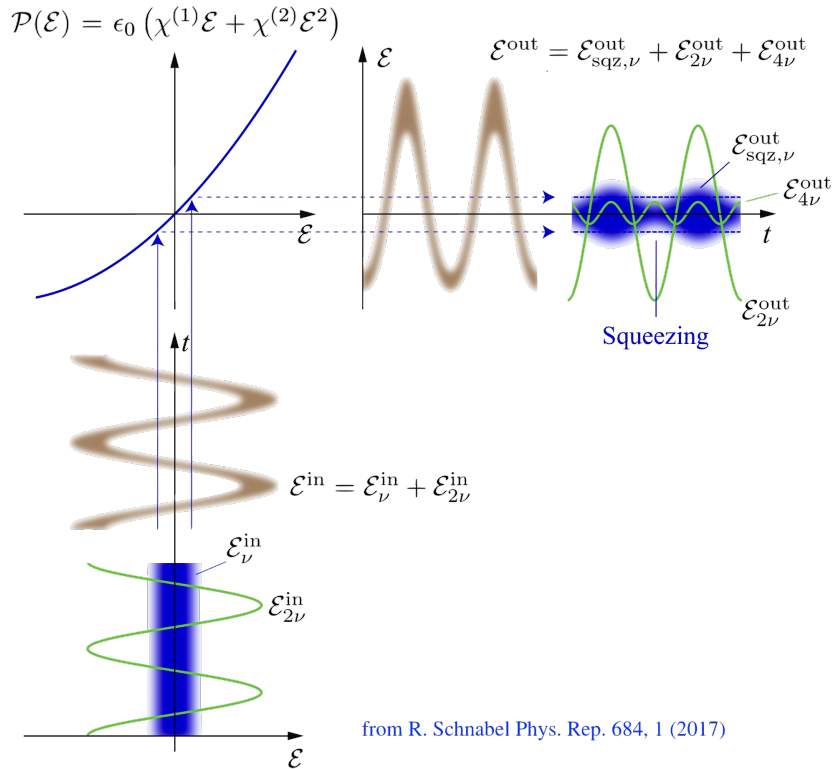
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- ❖ ω_0 -Components of $P_{\text{lin}}(\mathcal{E}_{\text{in}})|_{\omega_0}$ and $P_{\text{nl}}(\mathcal{E}_{\text{in}})|_{\omega_0}$ interfere to (de-)amplify the signal dep. on φ_0

$$P(\mathcal{E}_{\text{in}})|_{\omega_0} = \epsilon_0 \left\{ \chi^{(1)} S \cos(\omega_0 t + \varphi_0) - \chi^{(2)} PS \cos(\omega_0 t - \varphi_0) \right\}$$

Squeezing as parametric amplification



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$$P(\mathcal{E}_{\text{in}})|_{\omega_0} = \epsilon_0 \left\{ \chi^{(1)} S \cos(\omega_0 t + \varphi_0) - \chi^{(2)} P S \cos(\omega_0 t - \varphi_0) \right\}$$

- ❖ **Amplification** happens when $\varphi_0 = \pi/2, 3\pi/2, \dots$ with amplification (**anti-squeezing**) factor:

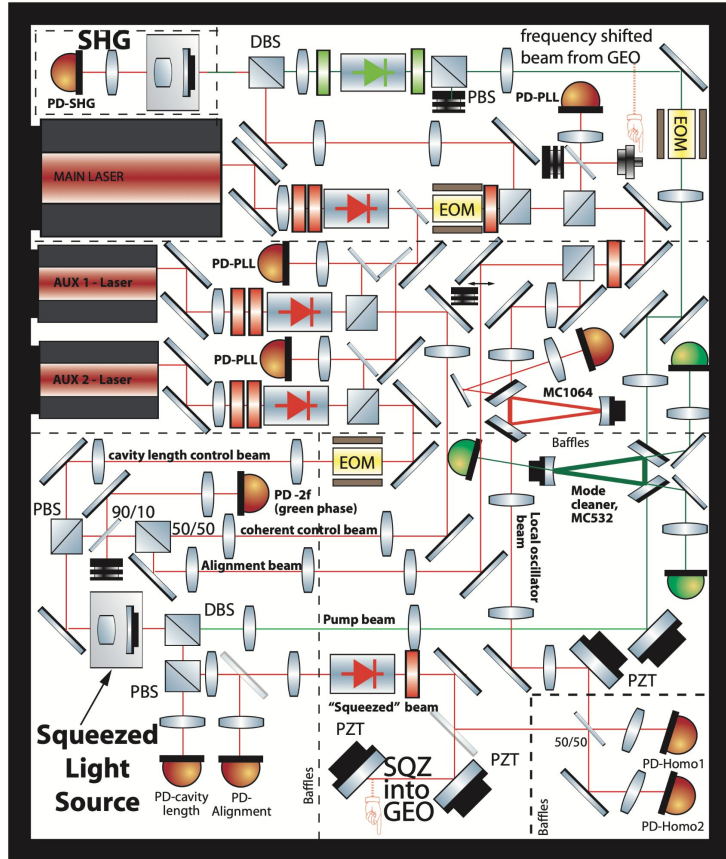
$$e^r = 1 + \frac{\chi^{(2)}}{\chi^{(1)}} P$$

- ❖ **De-amplification** corresponds to $\varphi_0 = 0, \pi, \dots$ and de-amplification (**squeezing**) factor:

$$e^{-r} = 1 - \frac{\chi^{(2)}}{\chi^{(1)}} P$$

- ❖ Phase, $\varphi_0 = kx$, defines where in the NL crystal signal field gets amplified and where de-amplified

Squeezing in GW detectors



Naturally, real squeezer is much more complex and intricate than just a simple slab of nonlinear crystal.

- ❖ For one, optical nonlinearity is extremely small. One needs to enhance amplification by enclosing NL medium in the high-finesse cavity to increase interaction path;
- ❖ Also, the phase matching conditions must be maintained for the pump and the signal over the front of Gaussian beam, which requires special design of nonlinear crystal (periodic poling)

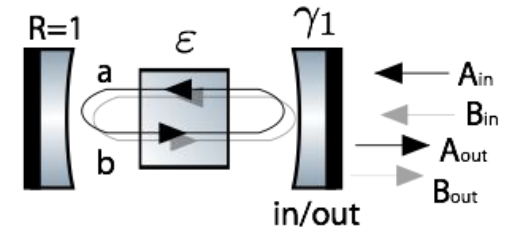


Image courtesy: M. Mehmet & H. Vahlbruch

- ❖ Sensitivity of current (LIGO, Virgo, KAGRA, GEO600) and future (ET & CE) GW interferometers is limited by Quantum Noise in a very wide range of frequencies;
- ❖ To achieve design sensitivity, we relate on advanced quantum techniques like injection of squeezed light;
- ❖ Squeezing of light is the consequence of Heisenberg Uncertainty Principle and quantum nature of light
- ❖ Generation of squeezed light is based on parametric amplification/de-amplification effect in non-linear medium and requires intricate, carefully built optical squeezers
- ❖ To fully use squeezing potential, one has to use Frequency-Dependent squeezing injection by means of long additional filter cavities.

THANK YOU
FOR YOUR ATTENTION!