



Squeezed Light in a Nutshell

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SQUEEZED LIGHT?

GRAVITY | RESEARCH UPDATE

Quantum squeezing boosts performance of LIGO and Virgo gravitational-wave detectors



10 Dec 2019 Hamish Johnston



Squeezed state-of-the-art: LIGO team members install equipment as part of the squeezed-light upgrade.
(Courtesy: LIGO/Caltech/MIT/Matt Heintze)

REVIEW

Squeezed vacuum states of light for gravitational wave detectors

Lisa Barsotti¹ , Jan Harms^{2,3}  and Roman Schnabel⁴

Published 18 December 2018 • © 2018 IOP Publishing Ltd
[Reports on Progress in Physics](#), Volume 82, Number 1

GRAVITATIONAL-WAVE ASTRONOMY

Squeezed Light Success at Virgo

The gravitational-wave observatory near Pisa listens deeper into the cosmos with technology from Hanover
December 05, 2019

A squeezed-light source developed by researchers at the Max Planck Institute for Gravitational Physics (Albert Einstein Institute; AEI) for the Virgo gravitational-wave detector near Pisa has impressively demonstrated its capabilities in recent months. This is shown by the latest data published from the third observation run (O3) of the international detector network. The squeezed-light source reduces the dominant quantum mechanical detector background noise by about one third. This allows Virgo, for example, to detect gravitational waves from merging neutron stars up to 26% more frequently. The use of squeezed light also plays an important role for planned third-generation detectors such as the Einstein Telescope. The squeezed-light source was delivered and commissioned at the beginning of 2018. Since the start of O3 on April 1, 2019, it has provided significantly improved Virgo sensitivity.

Quantum mechanics limits the sensitivity of gravitational-wave observatories

CONTENTS

- ▶ SIGNAL AND NOISE
IN INTERFEROMETRY
- ▶ THE QUANTUM STATE OF LIGHT
- ▶ SQUEEZED STATES OF LIGHT
- ▶ EXPERIMENTS WITH SQUEEZING
- ▶ OUTLOOK

PREREQUISITES

QM 101

some optics

METHODOLOGY

General picture instead
of exact theory

INTENDED LEARNING OUTCOME

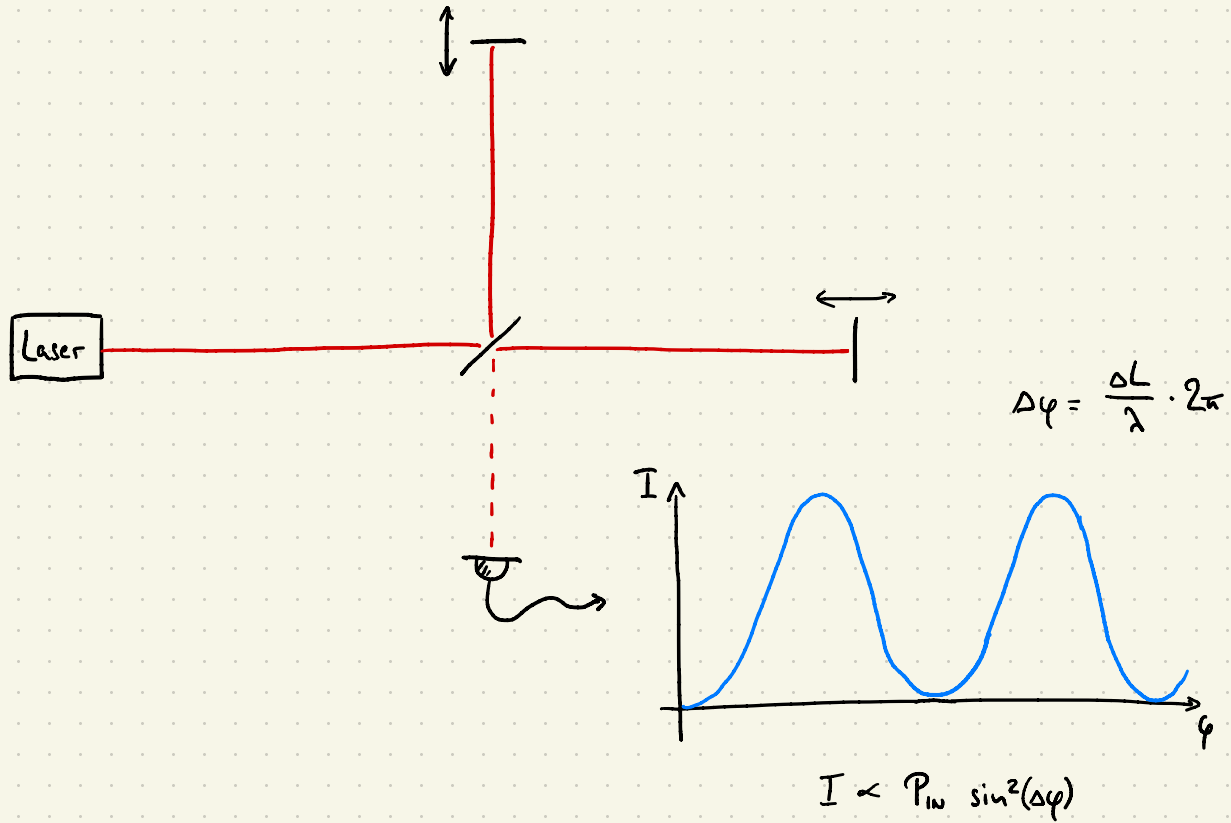
Squeezing isn't magic,
but it is still cool.

TECHNICAL DETAILS

iPad, GoodNotes & Zoom.

Never tried before, so what
could possibly go wrong?!

MICHELSON INTERFEROMETER

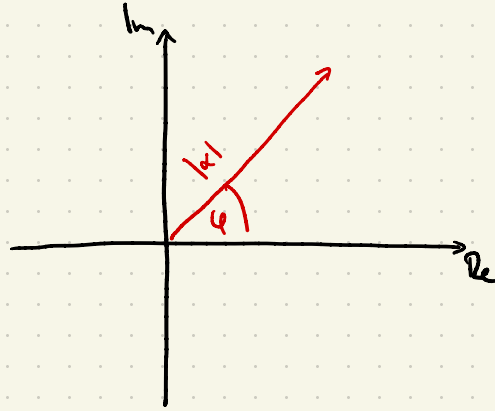


PHASOR DIAGRAM

Go to co-rotating frame:

$$\alpha = |\alpha| e^{i\varphi}$$

$$E \text{ field} \propto \text{Re}(\alpha)$$



→ Interference becomes simple vector addition

MODULATIONS



AMPLITUDE
MODULATION

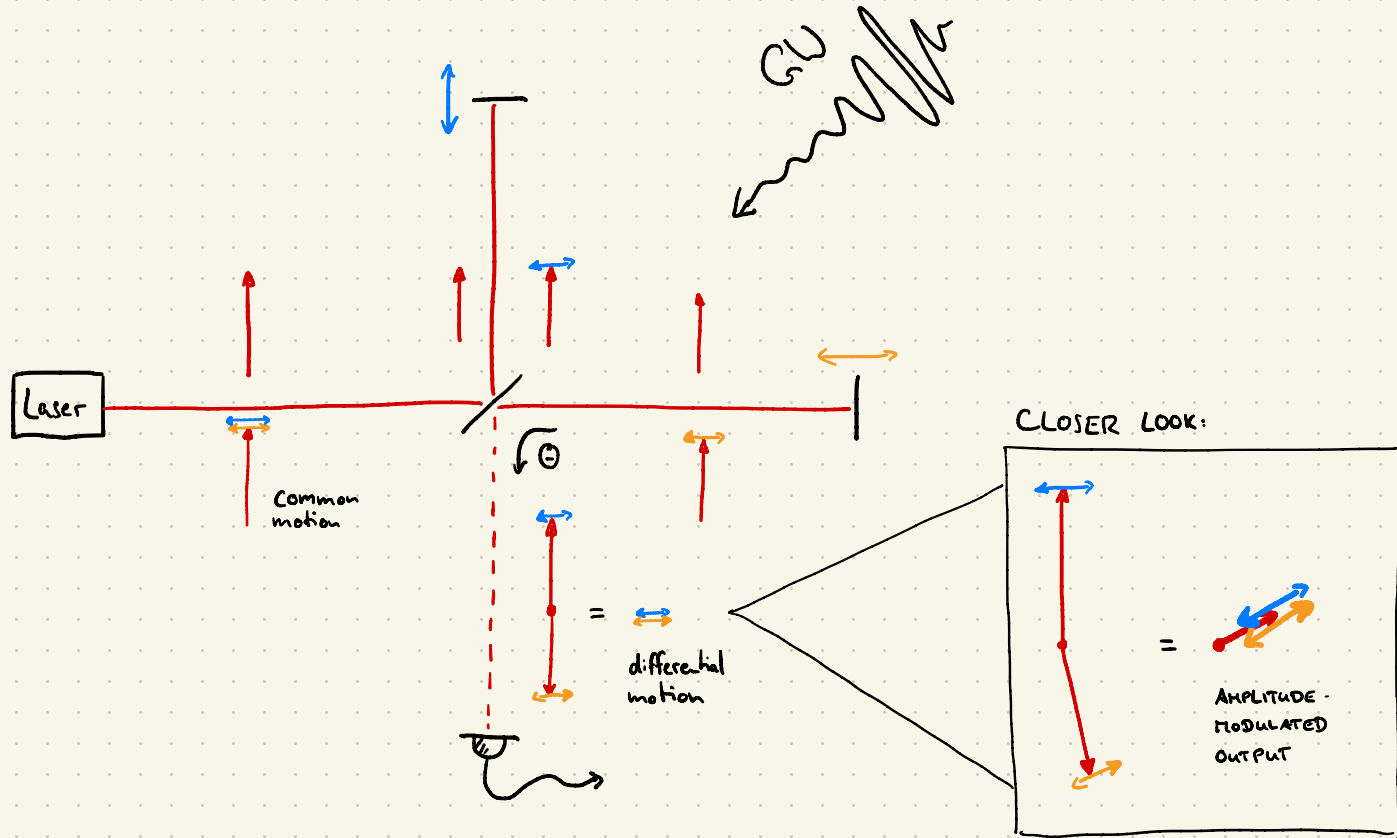


PHASE
MODULATION

Assumption

Modulation index small, $|k|$ does not change

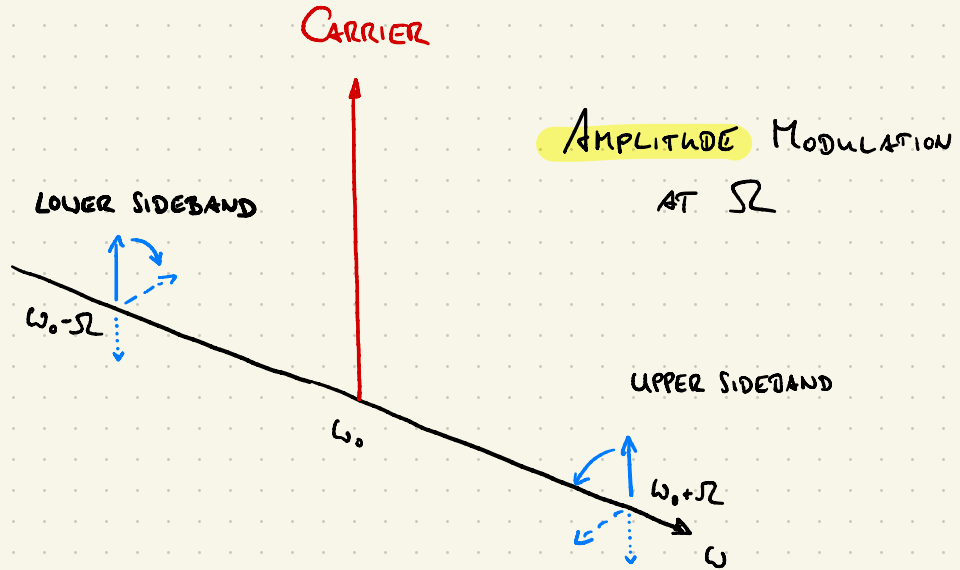
SIGNAL IN MICHELSON INTERFEROMETER



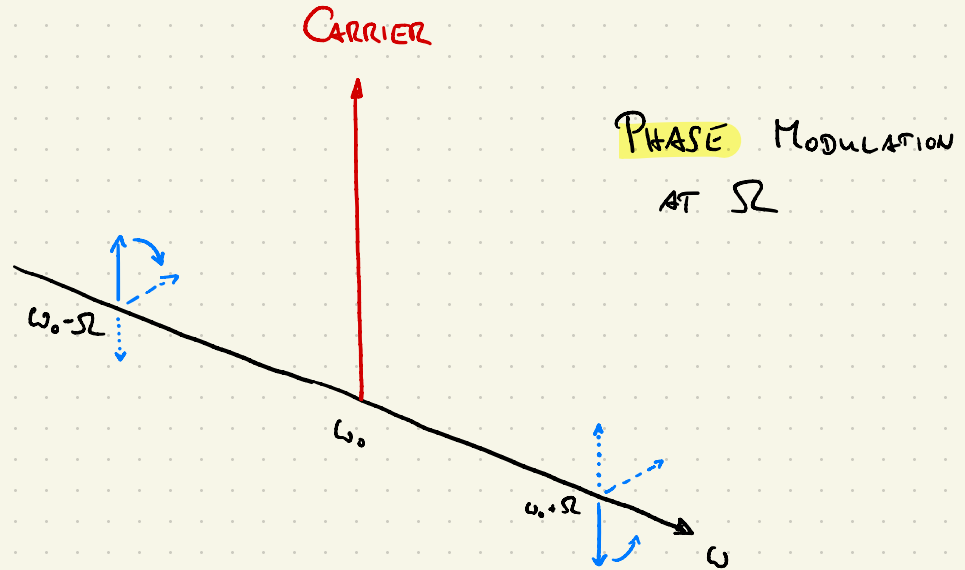
MODULATIONS IN THE SIDEBAND PICTURE

Measurement

$$\begin{aligned} P &\propto |E|^2 = \left| \alpha \left(1 + \frac{m}{2} e^{i\Omega t} + \frac{m}{2} e^{-i\Omega t} \right) \right|^2 \\ &= |\alpha|^2 (1 + m \cos \Omega t) + O(m^2) \end{aligned}$$

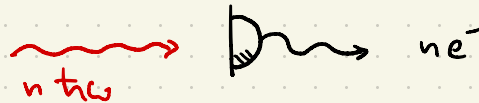


MODULATIONS IN THE SIDEBAND PICTURE



DETECTION AND SHOTNOISE

Can treat the complete interferometer in a classical wave picture, except for the detection step:



Photons uncorrelated $\rightarrow \Delta n = \sqrt{n}$ output $0 = \bar{n} \sin^2 \varphi$
 (Poisson statistics) $\Delta 0 = \sqrt{\bar{n} \sin^2 \varphi}$

Signal $\frac{\partial 0}{\partial \varphi} = \bar{n} \cos(\varphi) \sin(\varphi) \approx \bar{n} \sin(\varphi)$
 \uparrow
 small φ , close to dark output

$$\text{SNR} = \frac{\bar{n} \sin(\varphi)}{\sqrt{\bar{n} \sin^2(\varphi)}} = \sqrt{\bar{n}} = \sqrt{\frac{P_{\text{IN}}}{h\omega}}$$

QUANTUM MECHANICS OF LIGHT

Classical field energy

$$H = \frac{1}{2} \int \left[\epsilon_0 \vec{E}^2(\vec{r}, t) + \frac{1}{\mu_0} \vec{B}^2(\vec{r}, t) \right] dV$$

It's a harmonic oscillator!

$$\hat{H} = \frac{1}{2} (\hat{p}^2 + \omega^2 \hat{q}^2)$$

$$= \hbar \omega \left(\hat{n} + \frac{1}{2} \right)$$

photon number picture

$$= \hbar \omega (\hat{X}_1^2 + \hat{X}_2^2)$$

quadrature field picture

$$\hat{E} \propto \hat{X}_1 \cos(\omega t) + \hat{X}_2 \sin(\omega t)$$

90° out of phase $\hat{=}$ in quadrature

ladder operators

$$\hat{a}|n\rangle = \sqrt{n}|n-1\rangle$$

$$\hat{a}^\dagger|n\rangle = \sqrt{n+1}|n+1\rangle$$

$$\hat{n} = \hat{a}^\dagger \hat{a}$$

PHASE SPACE REPRESENTATION

$$\hat{H} = \hbar\omega\left(\hat{n} + \frac{1}{2}\right) = \hbar\omega\left(\hat{X}_1^2 + \hat{X}_2^2\right) \rightarrow \hat{X}_{1,2}^2 \text{ not zero, even for zero photons}$$

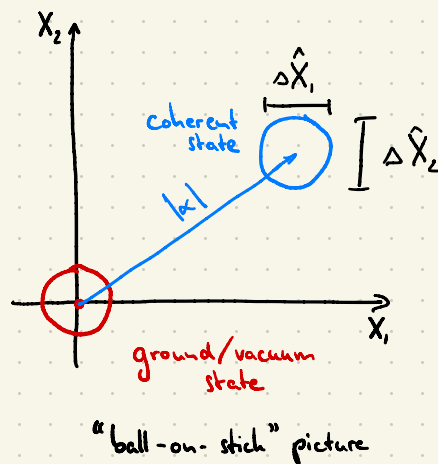
$\frac{\hbar\omega}{2}$ zero-point energy,
vacuum fluctuations

" $\frac{1}{4}$ photon in each"

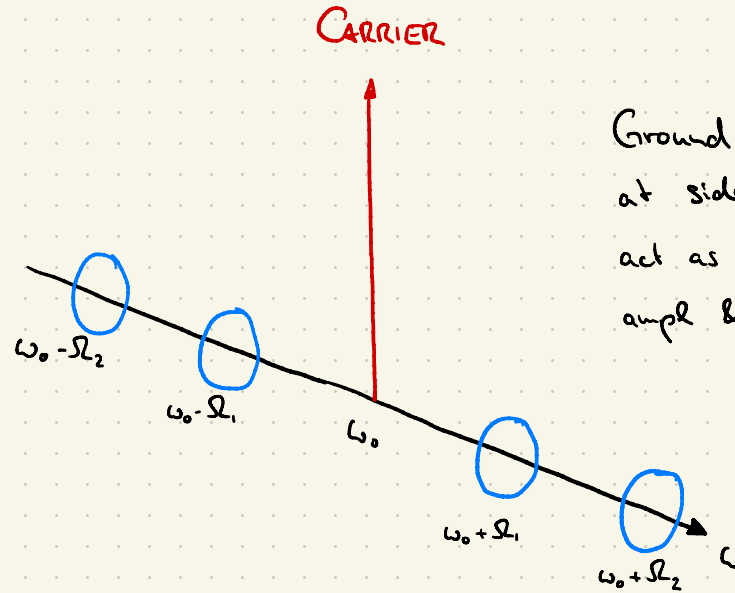
UNCERTAINTY RELATIONS $\Delta^2 \hat{X}_1^2 \Delta^2 \hat{X}_2^2 \geq \frac{1}{16}$

COHERENT STATES $|\alpha\rangle$

Eigenstates of \hat{a} , so that all photons are independent. $\hat{a}|\alpha\rangle = \alpha|\alpha\rangle$, $\alpha \in \mathbb{C}$

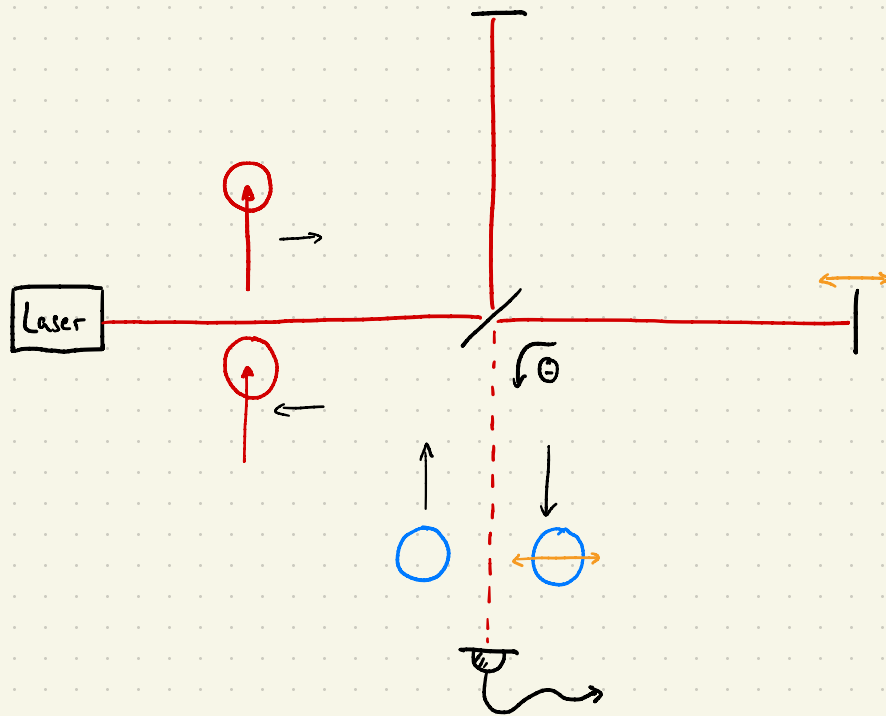


(QUANTUM) SHOTNOISE IN SIDEBAND PICTURE

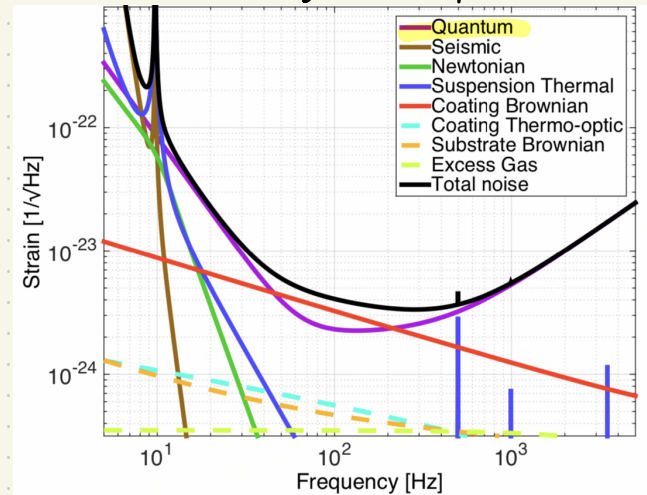


Ground-state fluctuations
at sideband frequencies
act as small random
ampl & phase modulations.

SHOTNOISE IN THE MICHELSON INTERFEROMETER

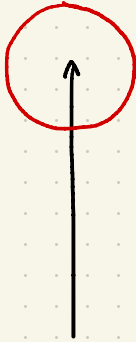


Advanced LIGO Design Sensitivity



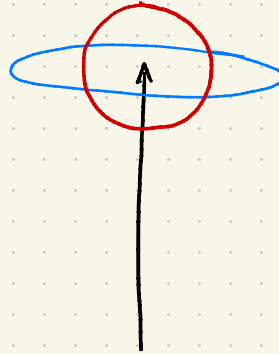
SQUEEZED STATES OF LIGHT

Reminder: $\Delta^2 \hat{X}_1^2 \Delta^2 \hat{X}_2^2 \geq \frac{1}{16}$



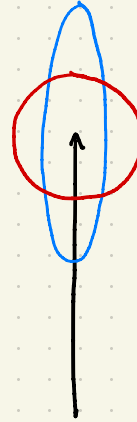
COHERENT STATE ($|\alpha\rangle$)
or THERMAL STATE ($|\bar{n}\rangle$)

$$\Delta^2 \hat{X}_1^2 = \Delta^2 \hat{X}_2^2 \geq \frac{1}{16}$$



AMPLITUDE
SQUEEZED STATE

$$\Delta^2 \hat{X}_1^2 < \Delta^2 \hat{X}_2^2$$



PHASE
SQUEEZED STATE

$$\Delta^2 \hat{X}_1^2 > \Delta^2 \hat{X}_2^2$$

Also for $\alpha = 0$
→ "Squeezed Vacuum"

CREATING SQUEEZING - CONCEPT

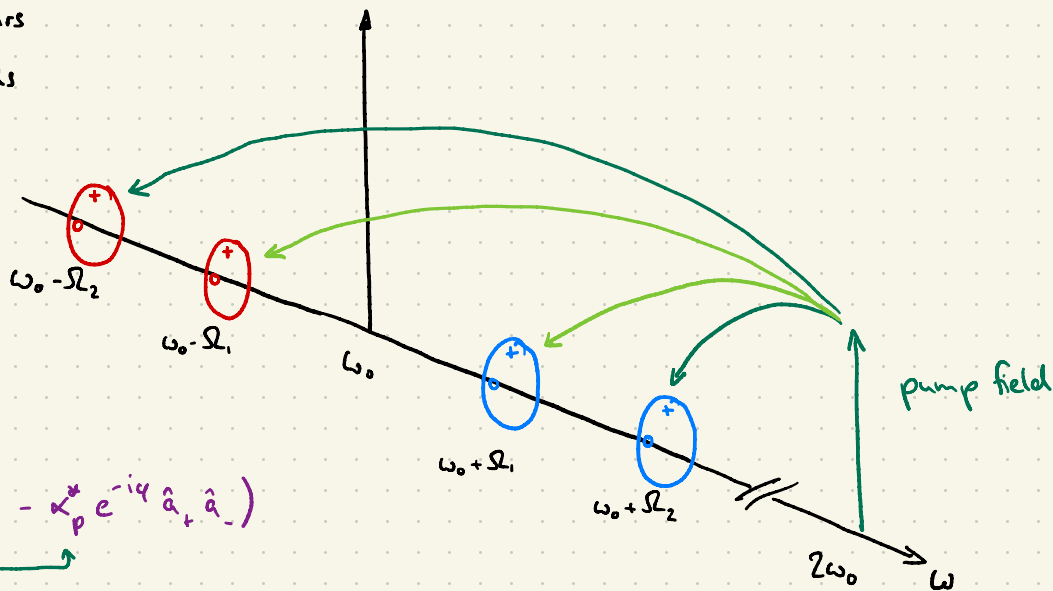
Idea

Add correlated photon pairs into upper and lower sidebands

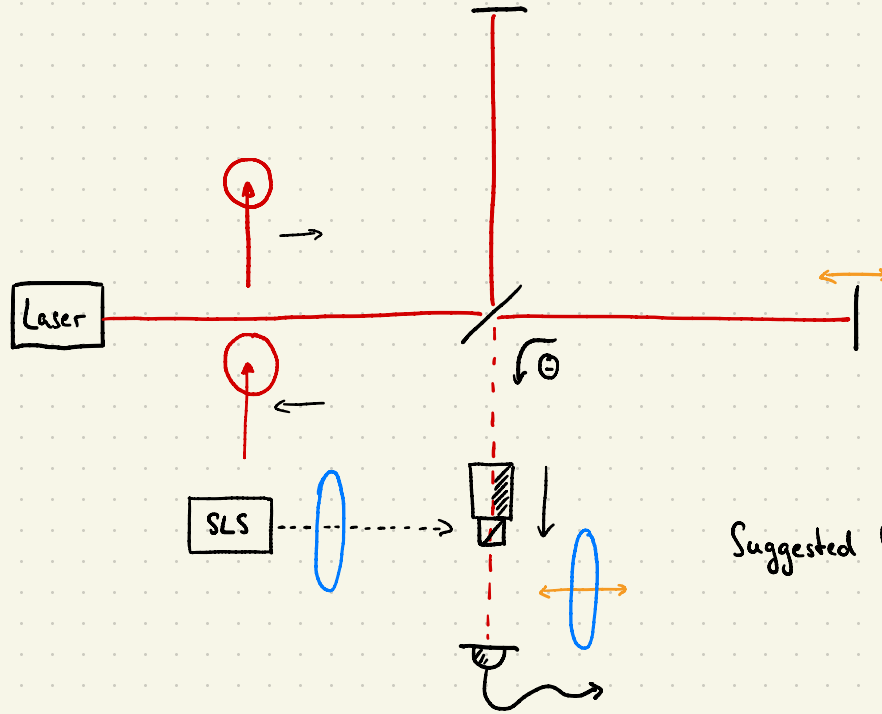
→ Modulations that are less random than zero-point fluctuations

Roughly:

$$\hat{H} = i\hbar g (\underbrace{\alpha_p e^{i\varphi} \hat{a}_+^\dagger \hat{a}_-^\dagger - \alpha_p^* e^{-i\varphi} \hat{a}_+ \hat{a}_-}_{\text{pump field}})$$

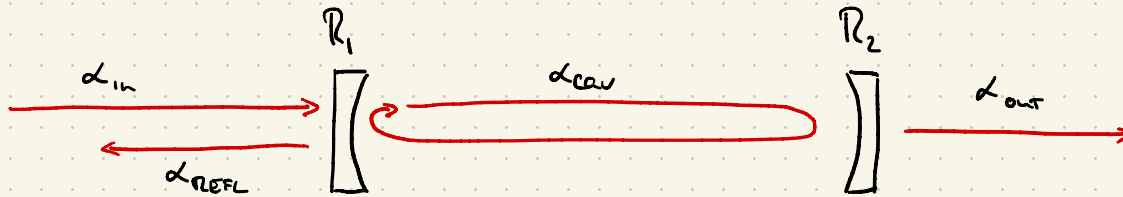


SQUEEZED LIGHT IN THE MICHELSON INTERFEROMETER



Suggested by Carlton Caves in 1981!

HOW TO PRODUCE SQUEEZING : STEP I

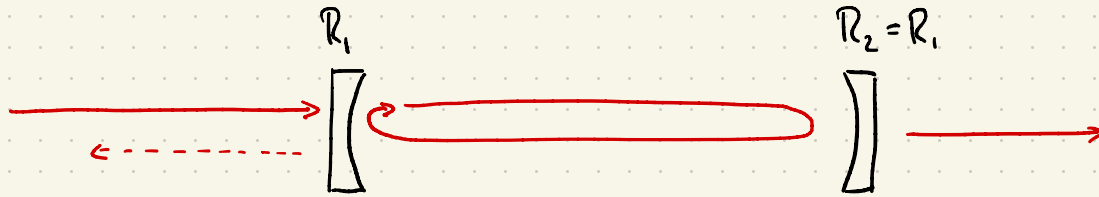


$$\alpha_{REFL} = -\sqrt{R_1} \alpha_{in} + \sqrt{1-R_1} \alpha_{cav}$$

$$\alpha_{out} = \sqrt{1-R_2} \alpha_{cav}$$

HOW TO PRODUCE SQUEEZING: STEP I

► IMPEDANCE MATCHED CASE

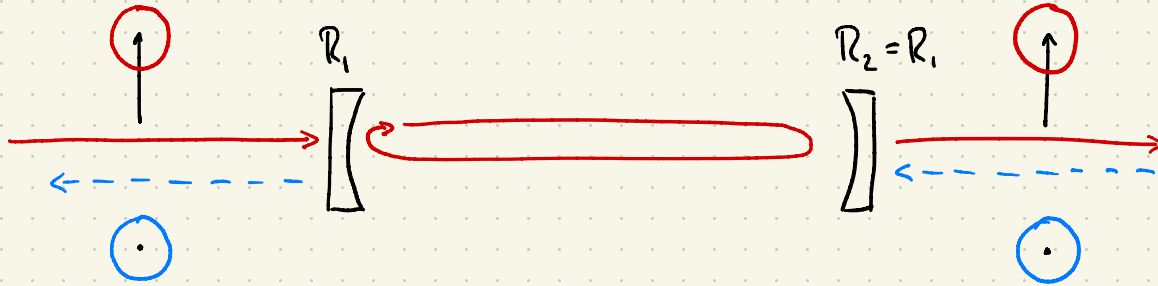


everything transmitted, $\alpha_{out} = \alpha_{in} \rightarrow \alpha_{cav} = \frac{\alpha_{in}}{\sqrt{1-R_1}}$

... does that mean that all the noise
is gone in reflection of the
cavity?

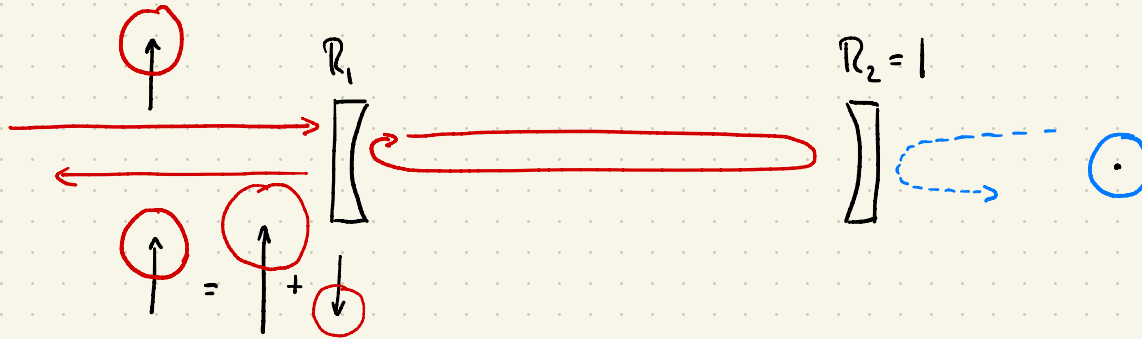
HOW TO PRODUCE SQUEEZING: STEP I

► IMPEDANCE MATCHED CASE



HOW TO PRODUCE SQUEEZING: STEP III

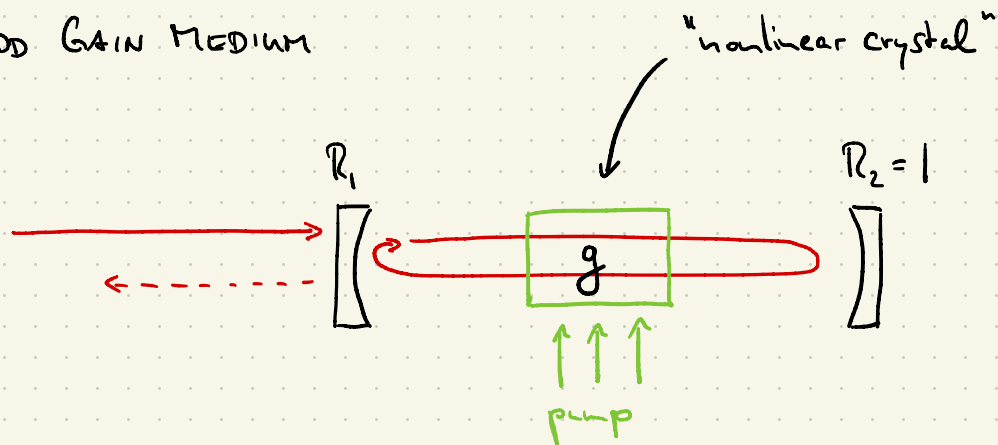
► FULLY OVERCOUPLED CASE



everything reflected, $\alpha_{\text{REFL}} = \alpha_{\text{IN}} \rightarrow \alpha_{\text{CAV}} = \frac{1 + \sqrt{R_1}}{\sqrt{1 - R_1}} \alpha_{\text{IN}}$

HOW TO PRODUCE SQUEEZING: STEP IV

► ADD GAIN MEDIUM



$$\alpha_{cav} = \frac{1 + \sqrt{R_1}}{\sqrt{1 - R_1}} \alpha_w$$

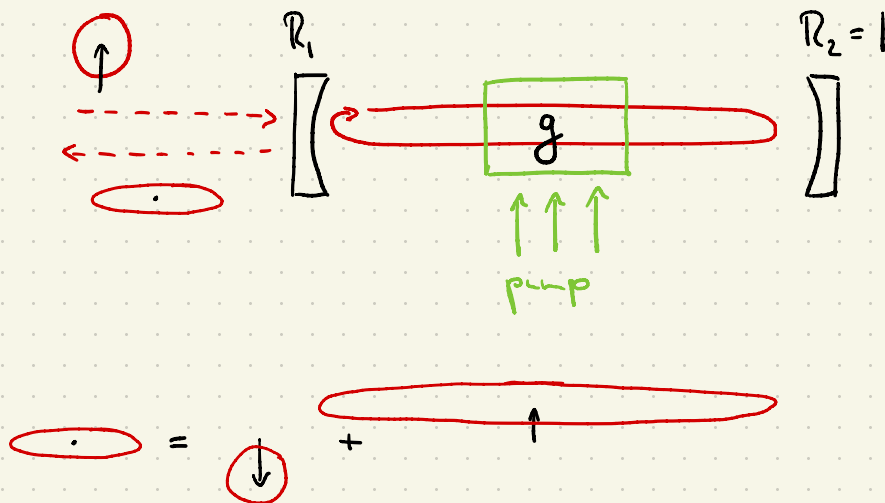
$$g = \frac{1}{1 + \sqrt{R_1}} \quad (*)$$

$$\alpha_{cav} = \frac{\alpha_w}{\sqrt{1 - R_1}}$$

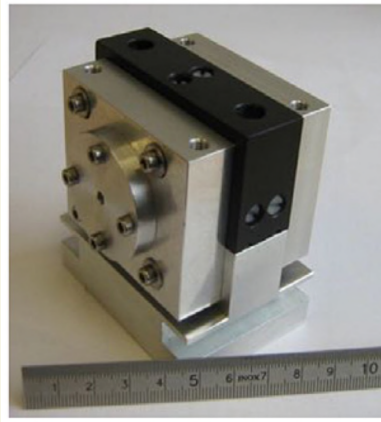
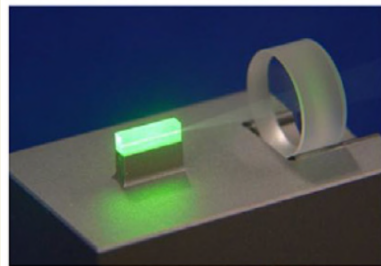
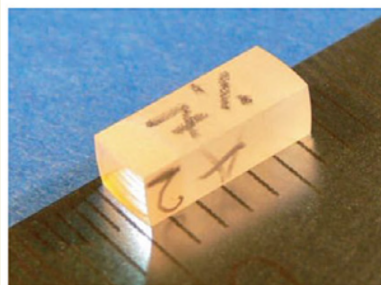
(*) per round-trip: $\frac{\sqrt{R_1}}{1 + \sqrt{R_1}}$

How to Produce Squeezing: STEP V

nonlinear
crystal, here:
 MgO:LiNbO_3

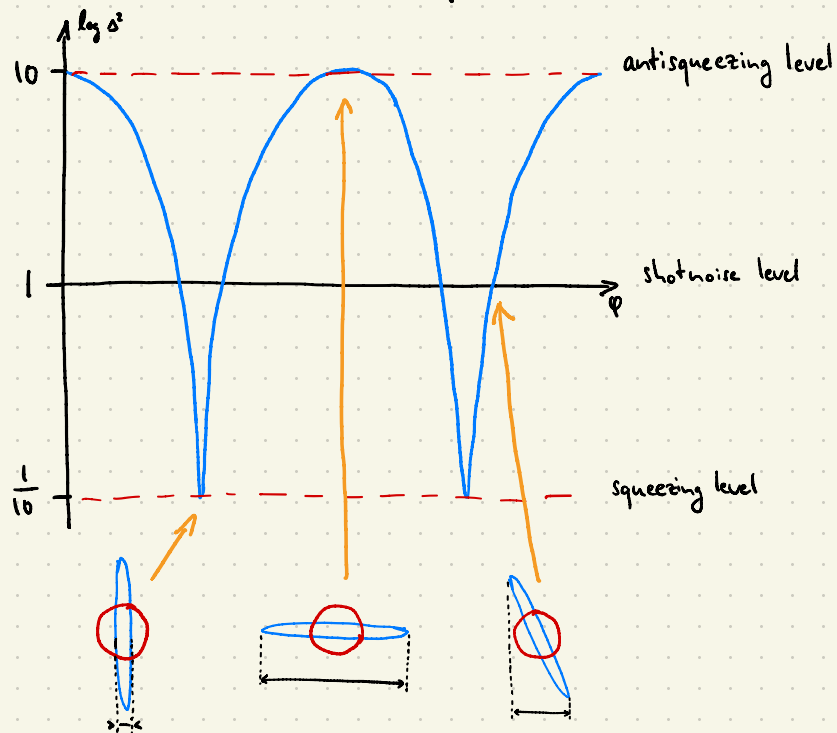


"Over"

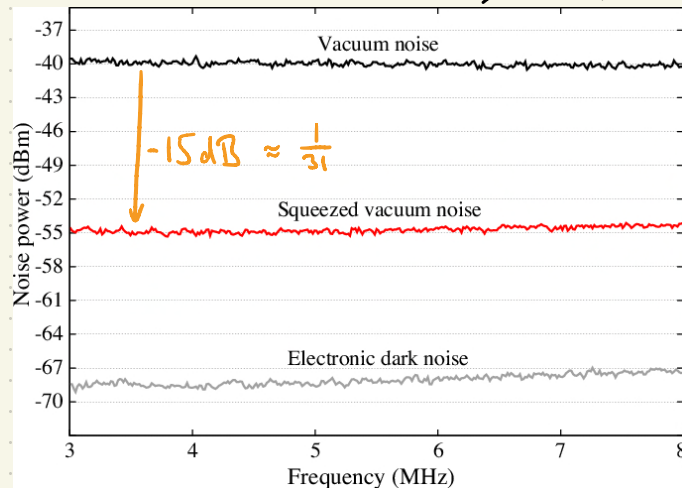


MEASURING SQUEEZING

"McDonald's plot"

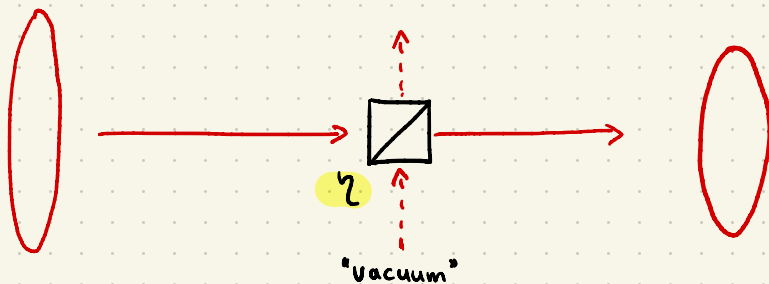


Vahlbruch et al., PRL 117, 110801



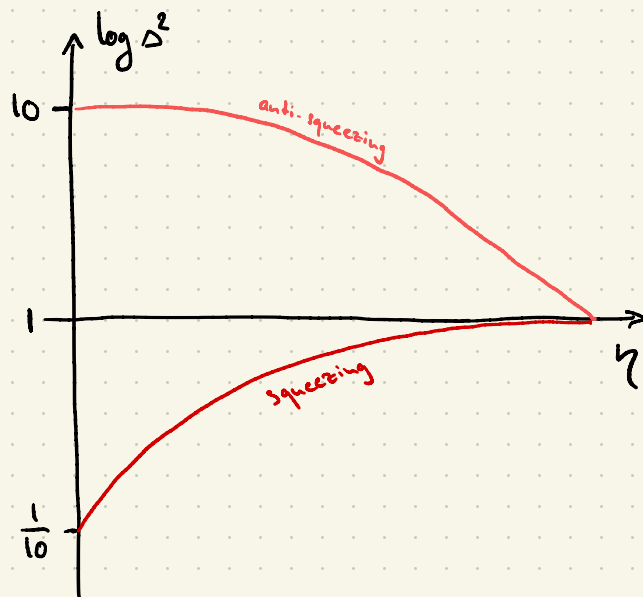
MAJOR CHALLENGE: OPTICAL LOSS

Destroys correlations between photon pairs

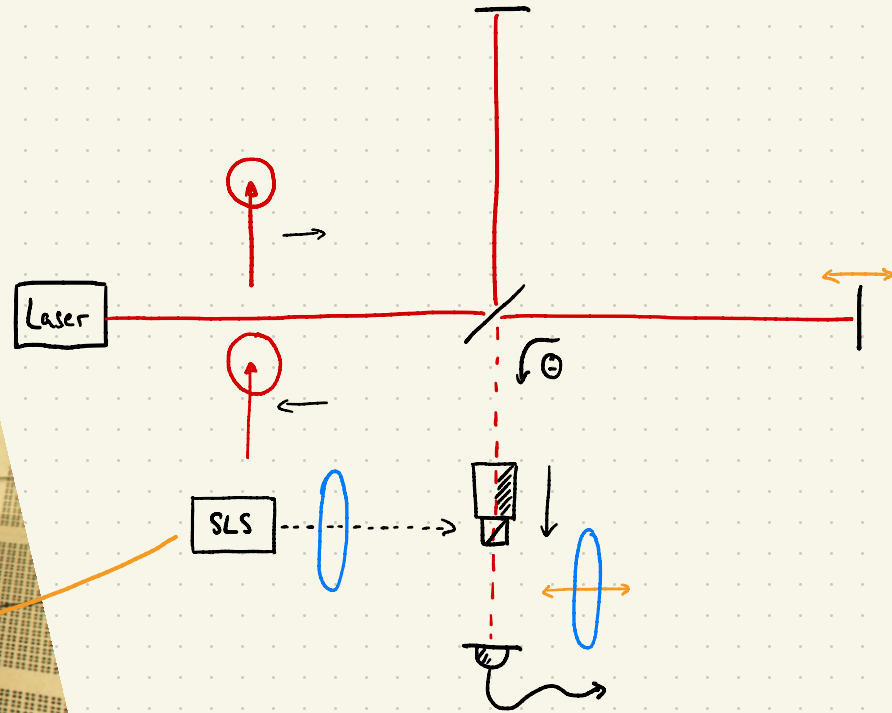
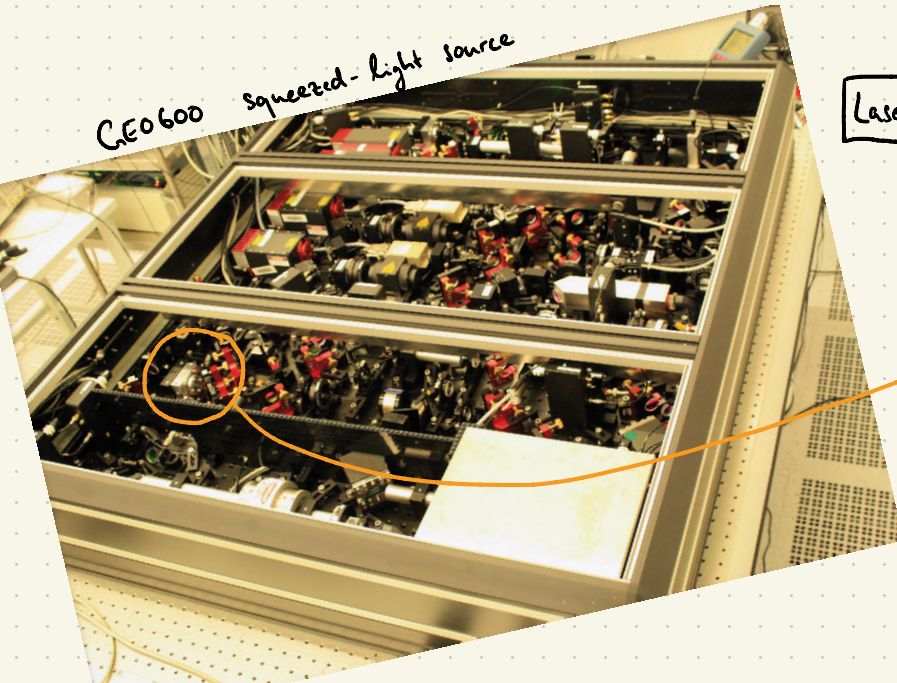


$$\Delta^2 \hat{X}_{1,2}^{\text{out}} = (1-\eta) \Delta^2 \hat{X}_{1,2}^{\text{in}} + \eta \Delta^2 \hat{X}_{1,2}^{\text{vac}}$$

10 dB squeezing (factor $\frac{1}{10}$) \rightarrow max 10% loss

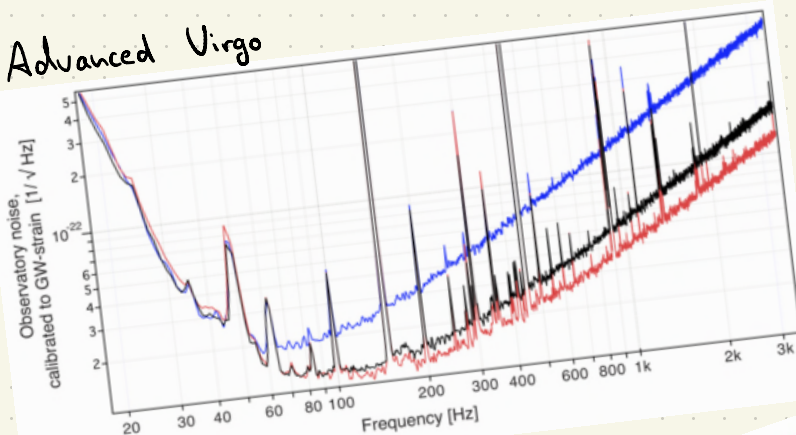


SQUEEZED LIGHT IN THE MICHELSON INTERFEROMETER

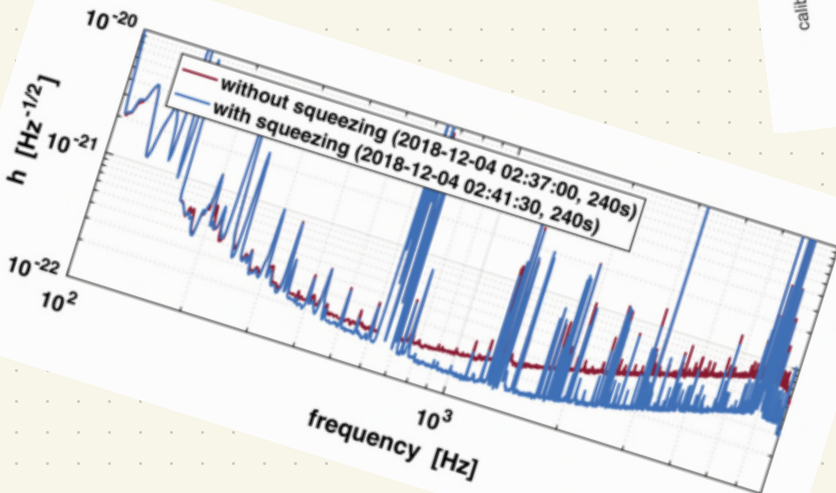


RESULTS

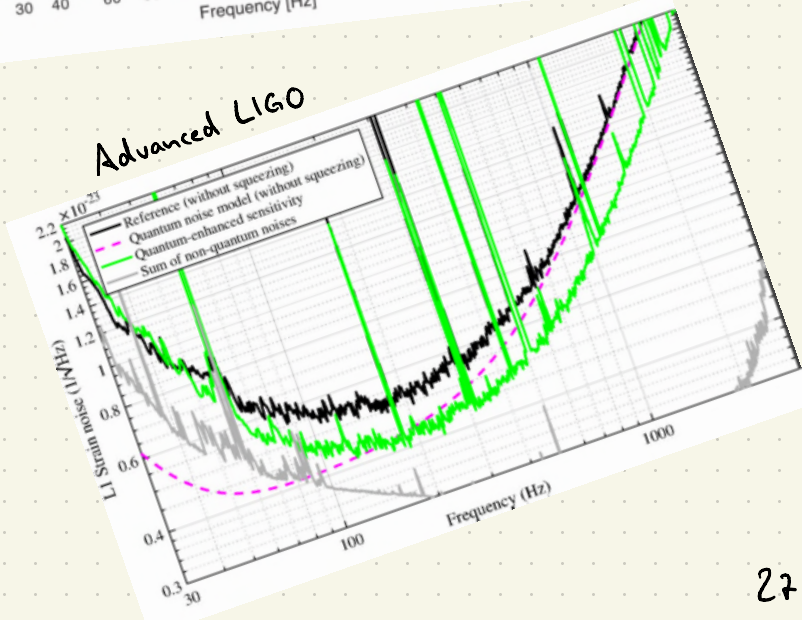
Advanced Virgo



GEO 600

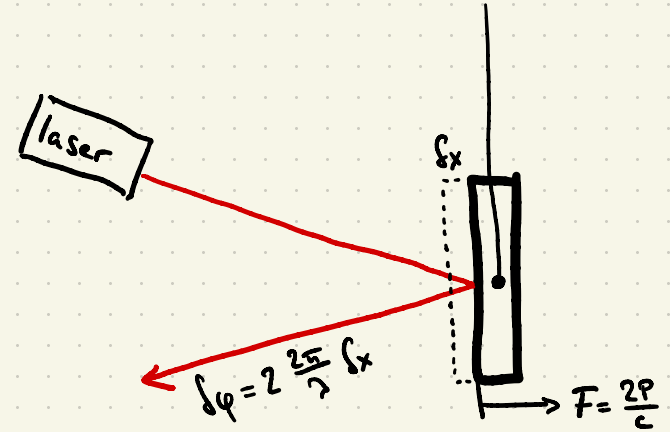
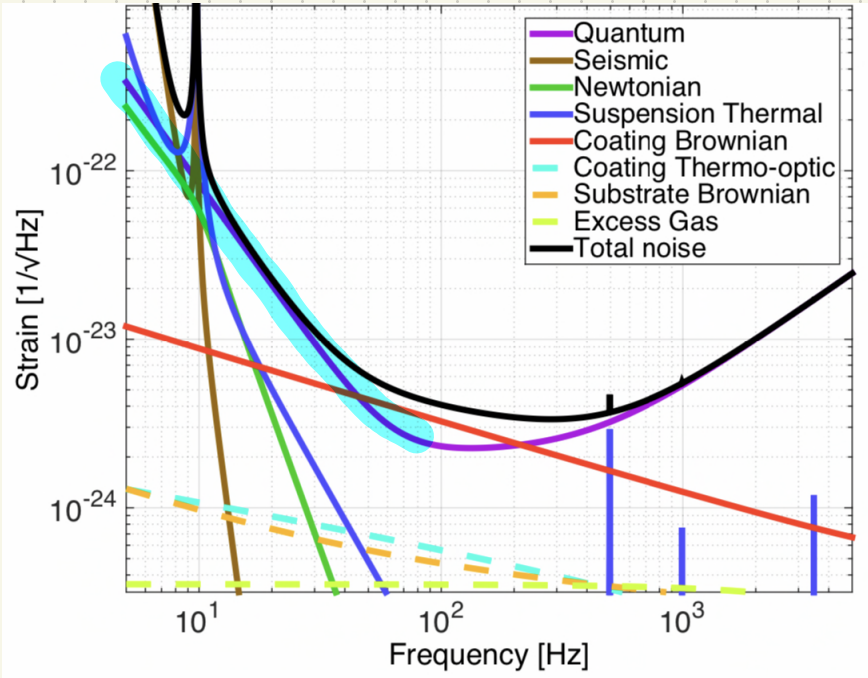


Advanced LIGO



OUTLOOK : RADIATION - PRESSURE NOISE

Advanced LIGO Design Sensitivity

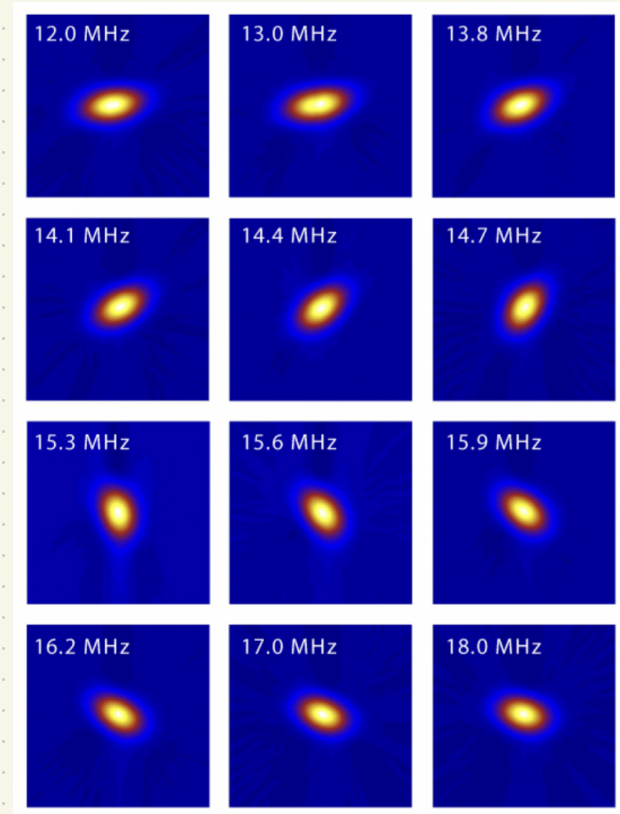


→ converts amplitude noise
into measurement phase noise,
 $\propto \frac{1}{f^2}$ because of inertia of
pendulum mass (mirror).

OUTLOOK: FREQ-DEPENDENT SQUEEZING

Want

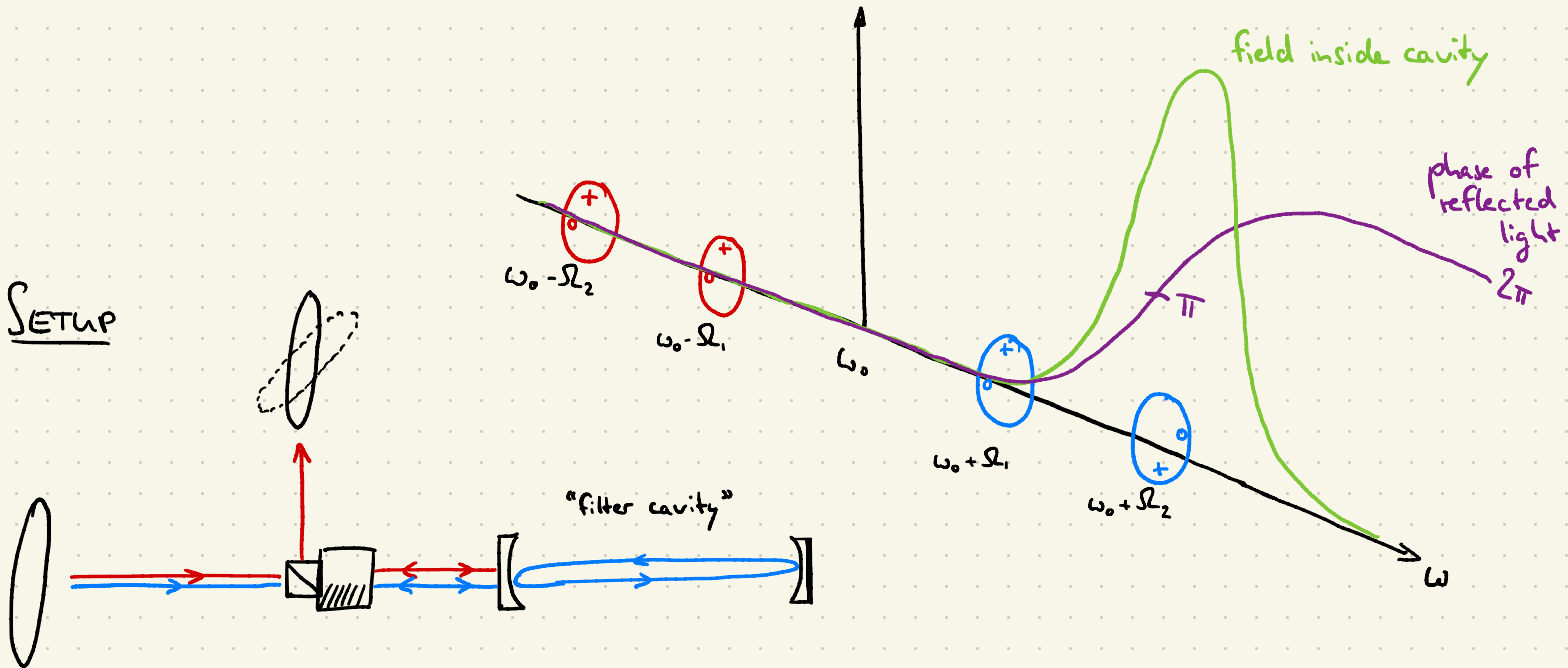
- amplitude squeezing where RPN dominates (low f)
- phase squeezing where we want to improve readout of phase signal (high f)



OUTLOOK: FREQ-DEPENDENT SQUEEZING

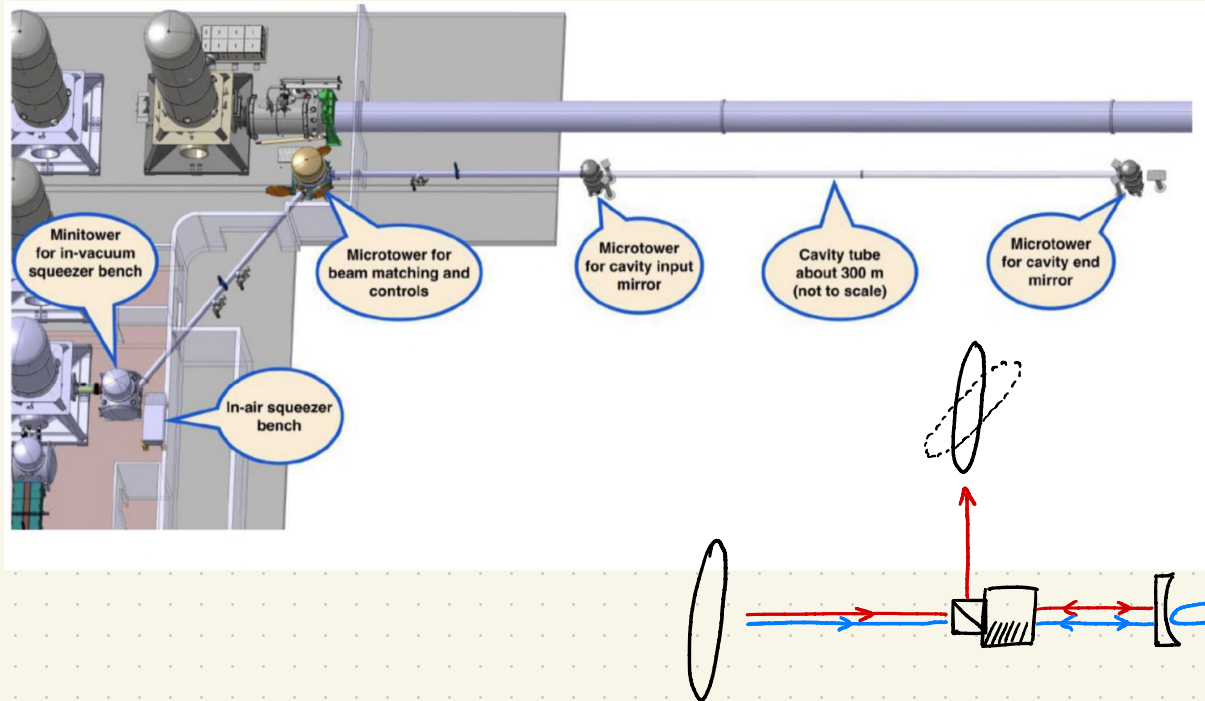
Reflect squeezing from detuned cavity!

SETUP



OUTLOOK: FREQ-DEPENDENT SQUEEZING

Nikhef plays major role in building filter cavity for Advirgo



That's all Folks!

Literature

Gerry & Knight: Introductory Quantum Optics, Cambridge Uni Press 2005

Schnabel: Squeezed States of Light and their Applications in
Laser Interferometers, Physics Reports 2017